

POQUOSON BULL ISLAND 4 MILER  
 Poquoson Yacht Club, Poquoson, VA  
 Saturday May 30, 2009 8:00 AM  
 A PENINSULA TRACK CLUB EVENT

OPEN MEN

1	1 CRAIG B HYMES	46 YORKTOWN VA	22:49	5:51	*
2	2 HENRY GLEISBURG	52 YORKTOWN VA	23:22	6:00	*
3	3 DANIEL RUANE	31 PORTSMOUTH VA	23:39	6:04	

OPEN WOMEN

1	26 CAROL BARTRAM	45 YORKTOWN VA	30:18	7:47	*
2	27 LINDA SHEIMO	52 NEWPORT NEWS VA	30:28	7:49	
3	28 SHELLY DAVIS	38 LAWRENCEVILLE GA	30:34	7:51	

MEN: 11 AND UNDER

1	41 PATRICK MCCORMICK	9 POQUOSON VA	32:39	8:23	
2	43 LOGAN ALLIGOOD	11 NEWPORT NEWS VA	32:51	8:26	*
3	105 DAVID KELLER	11 POQUOSON VA	40:33	10:24	
4	115 CASEY MCKINNLEY	11 POQUOSON VA	43:03	11:03	

MEN: 12 - 15

1	84 MARK YOUKER	13 YORKTOWN VA	38:08	9:47	
2	93 DEVON REA	15 NEWPORT NEWS VA	39:37	10:10	
3	95 KODY FARRINGTON	13 POQUOSON VA	39:44	10:12	

MEN: 16 - 19

1	10 BRANDON MACPHERSON	16 POQUOSON VA	26:48	6:53	
2	87 CHRISTOPHER PERSONS	17 POQUOSON VA	38:12	9:48	

MEN: 20 - 24

1	5 IRA GALLAGHER	21 POQUOSON VA	25:17	6:29	
2	14 CRAIG MEREE	22 POQUOSON VA	28:15	7:15	
3	25 BRIAN KROHN	20 NEWPORT NEWS VA	30:15	7:46	
4	38 JOSHUA NYHANG	22 CHESAPEAKE VA	32:12	8:16	
5	46 EDWARD KROHN	20 NEWPORT NEWS VA	33:32	8:36	

MEN: 25 - 29

1	4 ALEXEY POPOV	26 NEWPORT NEWS VA	24:24	6:16	*
2	9 SCOTT KRAMER	26 RICHMOND VA	26:40	6:51	
3	11 FREDERICK MCKAIG	28 VIRGINIA BEACH AE	27:12	6:59	
4	109 MIKE MCINERNEY	26 NORFOLK VA	42:03	10:47	

MEN: 30 - 34

1	42 JOSHUA STARKEY	32 NEWPORT NEWS VA	32:46	8:25	
2	49 ARLO REINBOLD	31 ALAMOGORDO NM	34:10	8:46	
3	55 BRETT BOOTHE	30 NEWPORT NEWS VA	35:23	9:05	
4	66 DAVE HEGEMAN	34 NEWPORT NEWS VA	36:49	9:27	
5	70 TODD KRAMER	32 NEWPORT NEWS VA	37:01	9:30	
6	71 MATT ELLIS	33 NEWPORT NEWS VA	37:02	9:30	
7	97 MATTHEW BEELER	34 HAMPTON VA	39:58	10:15	

MEN: 35 - 39

1	6 PETER WOLF	37 NEWPORT NEWS VA	25:52	6:38	*
2	18 JOEL FENLASON	35 ODESSA FL	28:30	7:19	
3	20 KEVIN A LANE	37 NORFOLK VA	29:47	7:39	
4	21 KYLE DARLING	37 NEWPORT NEWS VA	29:53	7:40	
5	34 STEVE FORREST	38 POQUOSON VA	31:24	8:03	
6	35 WAYNE C LEFEBVRE	35 PORTSMOUTH VA	31:28	8:04	
7	57 STEPHEN SIGMON	39 NORFOLK VA	35:52	9:12	
8	67 RICK DAVENPORT	38 YORKTOWN VA	36:55	9:28	*
9	77 JAMES SASIN	39 SEAFORD VA	37:19	9:34	
10	101 BUBBA FERGUSON	37 POQUOSON VA	40:24	10:22	
11	131 BRIAN G SMITH	39 NEWPORT NEWS VA	47:11	12:06	

MEN: 40 - 44					
1	13	TODD YERGZY	40	POQUOSON VA	27:51 7:09
2	15	KRISTIAN ELLINGSEN	40	YORKTOWN VA	28:17 7:15 *
3	17	JIM GRAVETTE	42	NEWPORT NEWS VA	28:29 7:19
4	24	KEVIN HARRISON	43	POQUOSON VA	30:04 7:43 *
5	30	ROBERT BAKER	44	POQUOSON VA	30:50 7:55
6	53	MIKE MCCORMICK	42	POQUOSON VA	35:18 9:03
7	60	MICHAEL SORRENTINO	40	YORKTOWN VA	36:07 9:16
8	83	CHRISTOPHER MACPHERSON	40	POQUOSON VA	38:02 9:46
9	92	DON JACKSON	43	WILLIAMSBURG VA	39:30 10:08
10	94	ROBERT COLLINS	40	YORKTOWN VA	39:38 10:10
11	130	CHRISTOPHER PERSONS	41	POQUOSON VA	46:48 12:00
MEN: 45 - 49					
1	8	DON MERTZ	49	HAMPTON VA	26:18 6:45 *
2	16	JOE GARRITY	46	HAMPTON VA	28:22 7:17
3	19	STEVE PETERS	45	POQUOSON VA	29:44 7:38 *
4	22	ALAN VAN ZANDT	47	NEWPORT NEWS VA	29:54 7:40 *
5	64	TOMMY LING	45	CHARLOTTETOWN	36:35 9:23
6	103	GEORGE AVISON	47	YORKTOWN VA	40:27 10:23
7	113	DAVID SALOMON	46	YORKTOWN VA	42:45 10:58
MEN: 50 - 54					
1	7	BILL J BUSTIN	51	POQUOSON VA	26:07 6:42
2	12	TOM MEREE	51	POQUOSON VA	27:31 7:04
3	23	DEAN WEWETZER	50	NEWPORT NEWS VA	30:01 7:42
4	48	DAVID STALEY	52	POQUOSON VA	34:07 8:45
5	50	CARLOS LICEAGA	50	NEWPORT NEWS VA	34:14 8:47 *
6	56	LEE H FAIRCHILD	54	POQUOSON VA	35:28 9:06 *
7	62	MARK FARMER	52	POQUOSON VA	36:26 9:21
8	73	RICHARD TALIAFERRO	54	POQUOSON VA	37:09 9:32
9	85	DAVE YOUKER	52	YORKTOWN VA	38:09 9:47
10	117	PETER M NAVIN	54	HAMPTON VA	43:47 11:14 *
MEN: 55 - 59					
1	32	EDGAR J RANGEL	59	NEWPORT NEWS VA	31:00 7:57 *
2	99	TOMMY ALLEN	56	CARROLLTON VA	40:11 10:18 *
MEN: 60 - 64					
1	36	GEORGE I FENIGSOHN	61	POQUOSON VA	32:00 8:13 *
2	136	JIM HALLEY	64	GRAFTON VA	48:16 12:23 *
MEN: 65 AND OVER					
1	74	BLAISE MONTANDON	66	NEWPORT NEWS VA	37:13 9:33 *
WOMEN: 11 AND UNDER					
1	88	ASHLEIGH PETERSEN	10	NEWPORT NEWS VA	38:23 9:51
2	134	ELIZABETH BALLMAN	11	YORKTOWN VA	48:10 12:21
WOMEN: 12 - 15					
1	121	EMILY HALL	12	NEWPORT NEWS VA	44:35 11:26
2	127	LAUREN HALL	14	NEWPORT NEWS VA	46:19 11:53
3	140	CARRIE HARRISON	15	POQUOSON VA	50:36 12:59
4	152	MEGAN ARMENTROUT	15	POQUOSON VA	57:51 14:50
WOMEN: 16 - 19					
1	102	ANGELA AVISON	16	YORKTOWN VA	40:25 10:22
2	106	ASHLEY M CURTIS	17	YORKTOWN VA	40:37 10:25
3	137	ALEX MARIE WEIKEL	16	NEWPORT NEWS VA	49:06 12:36
WOMEN: 20 - 24					
1	158	LEE YOUKER	22	YORKTOWN VA	1:00:57 15:38
WOMEN: 25 - 29					
1	39	RANDI EVANS	29	POQUOSON VA	32:22 8:18
2	72	MINDY RILEY	28	NEWPORT NEWS VA	37:04 9:31

3	82 ASHLEIGH AMBURN	26 YORKTOWN VA	37:46	9:41
4	96 REBECCA PAYNE	26 HAMPTON VA	39:57	10:15
5	110 BROOKE VAILLANCOURT	26 YORKTOWN VA	42:04	10:47
6	138 MICHELLE HERNANDEZ	29 NEWPORT NEWS VA	49:16	12:38
7	145 LINDSEY ROBINSON	28 YORKTOWN VA	53:02	13:36
8	149 HEATHER WARREN	25 NORFOLK GA	56:31	14:30
WOMEN: 30 - 34				
1	45 CRYSTAL DAVENPORT	34 YORKTOWN VA	33:22	8:34 *
2	47 RACHEL SWIFT	30 HAMPTON VA	33:46	8:40
3	58 VANESSA STARKEY	32 POQUOSON VA	36:02	9:15
4	69 LINDSAY KRAMER	32 NEWPORT NEWS VA	37:01	9:30
5	76 SIBYL SMITH	34 POQUOSON VA	37:17	9:34
6	112 SCOTT SHELBY	32 POQUOSON VA	42:08	10:49
7	116 JESSICAH HEGEMAN	33 NEWPORT NEWS VA	43:19	11:07
8	118 NINA STICKLES	30 HAMPTON VA	43:58	11:17 *
9	120 HEATHER REINBOLD	32 ALAMOGORDO NM	44:34	11:26
10	122 REBECCA MONTALVO-WILLIAM	32 HAMPTON VA	44:47	11:29
11	133 ASHLEY ELLIS	30 YORKTOWN VA	48:09	12:21
WOMEN: 35 - 39				
1	52 VICKI SHULL	38 YORKTOWN VA	35:02	8:59
2	59 JENNIFER SORRENTINO	36 YORKTOWN VA	36:06	9:16
3	65 CARRIE MCCORMICK	39 POQUOSON VA	36:38	9:24
4	86 ANDREA SEALEY	37 POQUOSON VA	38:10	9:47
5	104 LAURA KEHERMAN	38 HAMPTON VA	40:28	10:23
6	108 MARLENE MOVINGSLEY	39 POQUOSON VA	41:40	10:41
7	111 DARCEY CHIAPPAZZI	36 POQUOSON VA	42:07	10:48
8	119 LAURIE MARBAS	38 YORKTOWN VA	44:34	11:26 *
9	124 CAROL WARD	39 WILLIAMSBURG VA	45:42	11:44
10	129 CHANTEL FIRMAN	36 YORKTOWN VA	46:34	11:57
11	132 BONNEY WIGGINS	39 POQUOSON VA	47:56	12:18
12	139 MELINDA DARLING	37 NEWPORT NEWS VA	49:34	12:43
13	142 JULIE LARCH	36 SUSAN VA	51:31	13:13
14	146 ELIZABETH BELL	35 YORKTOWN VA	53:12	13:39
15	148 TONYA FREEMAN	39 POQUOSON VA	56:17	14:26
16	156 YVONNE SMITH	37 NEWPORT NEWS VA	59:40	15:18
WOMEN: 40 - 44				
1	29 JULIE GRAVETTE	40 NEWPORT NEWS VA	30:43	7:53
2	31 JOY CHARBONNEAU	43 NEWPORT NEWS VA	30:52	7:55
3	54 STACEY CURTIS	41 YORKTOWN VA	35:21	9:04
4	75 PAULA SASIN	42 SEAFORD VA	37:16	9:34
5	80 DONNA L MOYER	42 YORKTOWN VA	37:44	9:41
6	91 WENDY NAIL	40 POQUOSON VA	39:14	10:04 *
7	107 CYNTHIA PERSONS	43 POQUOSON VA	41:23	10:37
8	114 CHRIS HIMES	41 YORKTOWN VA	42:51	11:00
9	128 MARCA M BOWSER	41 HAMPTON VA	46:26	11:55
10	135 LOIS BALLMAN	43 YORKTOWN VA	48:12	12:22
11	141 TRACY MARTIN	42 POQUOSON VA	51:10	13:07
12	143 TARA GRAHAM	41 POQUOSON VA	51:36	13:14
13	151 TINA BAKER	42 POQUOSON VA	56:33	14:30
14	153 SHERRY MACPHERSON	41 POQUOSON VA	57:52	14:51
15	155 LORI KELLER	40 POQUOSON VA	58:32	15:01
16	157 ANITA WEIKEL	41 NEWPORT NEWS VA	59:45	15:20
WOMEN: 45 - 49				
1	37 DEBI A HENDERSON	49 NEWPORT NEWS VA	32:06	8:14 *
2	40 VIRGINIA STALEY	48 POQUOSON VA	32:24	8:19
3	44 ANNE WHITAKER	46 NEWPORT NEWS VA	33:14	8:32
4	63 MARRIE SAGINO	46 YORKTOWN VA	36:26	9:21

5	78	ANGEE BERRY	47	HAYES VA	37:24	9:36
6	81	ANGIE GRANBY	46	NEWPORT NEWS VA	37:45	9:41
7	89	NANCY AYLER	45	YORKTOWN VA	38:39	9:55 *
8	90	SUSAN SORLIE	47	POQUOSON VA	39:09	10:03 *
9	98	CAROLYNN CUNNINGHAM	49	CARRSVILLE VA	40:04	10:17
10	150	STACY DEIBEL	45	POQUOSON VA	56:33	14:30
11	159	ERICA CHIGOS-WHITE	45	YORKTOWN VA	1:12:11	18:31 *
12	161	KAREN TENNANT	48	HAMPTON VA	1:15:06	19:16
WOMEN:		50 - 54				
1	33	SHERYL CHANCE	50	POQUOSON VA	31:08	7:59
2	51	CATHLEEN REA	51	NEWPORT NEWS VA	34:54	8:57 *
3	61	ALYNN FARMER	52	POQUOSON VA	36:25	9:21
4	68	CYNTHIA HALL	51	NORFOLK VA	36:55	9:28
5	79	CINDY SLOMINSKI	51	SEAFORD VA	37:32	9:38 *
6	100	JENNIFER BARR	51	NEWPORT NEWS VA	40:21	10:21 *
7	123	JENNIFER ALLEN	50	NEWPORT NEWS VA	44:53	11:31 *
8	147	VICKI COOPER	54	YORKTOWN VA	54:34	14:00
9	154	ROSEMARY HALL	50	NEWPORT NEWS VA	58:31	15:01
WOMEN:		55 - 59				
1	144	ROMA COLLINSWORTH	55	YORKTOWN VA	52:29	13:28
WOMEN:		60 - 64				
1	126	MARGARET HALLEY	64	GRAFTON VA	46:12	11:51 *
WOMEN:		65 AND OVER				
1	125	ROBIN JORLETT	65	NEWPORT NEWS VA	46:10	11:51 *
2	160	EILEEN ENGEL	69	HAMPTON VA	1:12:12	18:31 *

WHEELCHAIR RACERS

\* denotes PTC member