



Directions: **From I-64** — Take Exit 250B (Route 105) towards Yorktown and go 3.8 miles to Route 17. Turn right on to Rt. 17. Go south 1.9 miles and turn right at the 4th stop light on to Amory Lane. Grafton High School is just two blocks.

**From Gloucester** — Take Route 17 south over the bridge at Yorktown and, after the bridge, travel 6.0 miles south and turn right at the stop light on to Amory Lane. Grafton High School is just two blocks. Note that Amory Lane is 1.9 miles and the 4th stop light past Ft Eustis Blvd (Route 105).

Park in the High School parking lots. Do not park in surrounding townhouse communities which have parking restrictions. Runners are encouraged to arrive by 7:15 am.

Course: The race starts and ends next to Grafton High School and consists of unpaved roads and paths, some paved roads, trails around lakes and through scenic fields and woods. The course can be viewed on the web site: [usatf.org/routes/search](http://usatf.org/routes/search) after May 1st. Just enter “Yorktown” after city and “Virginia” after state and click “Search”. Then click on “Freedom Run”.

Information Updates on the race, course details and additional flyers can be found at: [yorktownrotaryclub.org](http://yorktownrotaryclub.org)

More Flyers Race Directors: Jim Sawhill, 757-898-7871 ([jimsawhill@hotmail.com](mailto:jimsawhill@hotmail.com)) Larry Wright and Bob Edwards Peninsula Track Club Coordinator: Pam Garrett 757-285-6645 ([snoopypam@yahoo.com](mailto:snoopypam@yahoo.com))

Awards: Medals and Cash Prizes (\$100, 50, 25) will go to the first three eligible overall male and female runners, and to the first three male and female masters (40 & over) .

Special medals will be given to the top three finishers in the following categories:

Male: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44  
45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

Female: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44  
45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.



Refreshments after the race.

**All funds raised by this race will provide scholarships at local High Schools and give support to a wide range of youth and community services.  
We thank all of our sponsors for their support**



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