

13th Annual TOYS FOR TOTS HOLIDAY 5K & 10K FUN RUNS  
 Benefiting the USMCR Toys For Tots Campaign  
 Mariners' Museum Park, Newport News, VA  
 Thursday, November 24, 2011 8:30 AM  
 A Happy Pace Races and Peninsula Track Club Event

5K RESULTS

OVERALL MEN

1	1	GEOPHERY MILLS	23	CHESAPEAKE VA	16:57	5:28
2	2	TODD KESSLER	29	NEWPORT NEWS VA	17:55	5:46
3	3	JIM LANCASTER	34	BALTIMORE MD	18:00	5:48

OVERALL WOMEN

1	5	KAREN TERRY	22	HAMPTON VA	18:49	6:04
2	20	SARAH YOUNGER	44	NEWPORT NEWS VA	20:07	6:29
3	35	SHEILA A SCOTTI	28	NEWPORT NEWS VA	21:05	6:47

MEN: 11 AND UNDER

1	57	JENSEN MORALES	10	HAMPTON VA	22:30	7:15
2	63	WILLIAM W PRILLAMAN	11	NEWPORT NEWS VA	22:45	7:20
3	94	DAVIS MESMER	11	BLACKSBURG VA	24:05	7:46
4	95	JAMES FIOCCA	11	YORKTOWN VA	24:06	7:46 *
5	110	PATRICK PARAGAS	11	NEWPORT BEACH CA	24:25	7:52
6	111	SPENCER PARAGAS	10	WOODBIDGE CT	24:26	7:52
7	112	LEWIS MCALLISTER	11	NEWPORT NEWS VA	24:26	7:52
8	114	JAKE JOHNSON	11	SMITHFIELD VA	24:32	7:54
9	136	PRESTON KLEKAR	11	YORKTOWN VA	25:14	8:08
10	141	SPENCER PARAGAS	7	WOODBIDGE CT	25:20	8:09
11	175	TANNER HURST	11	WARE NECK VA	26:11	8:26
12	218	DILLON HELZERMAN	9	MATTHEWS NC	26:57	8:41
13	288	EDDIE FIOCCA	9	YORKTOWN VA	28:06	9:03 *
14	305	WILLIAM LAINE	7	KENNESAW GA	28:29	9:11
15	306	ANDREW HENDRIX	11	GLOUCESTER VA	28:30	9:11
16	336	ANDREW FIOCCA	7	YORKTOWN VA	29:13	9:25 *
17	368	PATRICK CALLAN	10	CHESAPEAKE VA	29:46	9:35
18	433	GRANT CHRISTIAN	10	FL	30:53	9:57
19	437	NATHAN LOWERY	11	WILLIAMSBURG VA	30:56	9:58
20	446	HARRISON KELLY	9	BERKLEY HEIGHTS NJ	31:07	10:01
21	454	BLAKE LOWERY	8	WILLIAMSBURG VA	31:14	10:04
22	498	COLIN GARDNER	10	FOREST VA	32:07	10:20
23	525	JOHNATHAN LANCASTER	10	NEWPORT NEWS VA	32:57	10:37
24	579	LOGAN BEACH	11	VA	34:09	11:00
25	586	HENRY JACKSON	10	RALEIGH NC	34:20	11:03
26	647	H.T. TRAGLE	5	LEESBURG VA	35:49	11:32
27	669	ANDREW LOZIER	6	YORKTOWN VA	36:19	11:42
28	672	JACOB CIRINCIONE	10	NEWPORT NEWS VA	36:23	11:43
29	673	MICAH WETZLER	9	HAMPTON VA	36:23	11:43
30	674	JUSTIN SANTOS	10	HAMPTON VA	36:25	11:44
31	689	NATHAN WETZLER	11	HAMPTON VA	36:47	11:51
32	709	WILLIAM WISNESKI	9	MARIETTA GA	37:19	12:01
33	717	ETHAN ITO	9	NEWPORT NEWS VA	37:33	12:05
34	748	JACOB CROCCO	10	NEWPORT NEWS VA	38:39	12:27
35	770	MATTHEW WERNER	11	CARROLLTON VA	39:41	12:47
36	780	JOSH HIGDON	11	YORKTOWN VA	39:59	12:53
37	794	CONNOR VAN ORDEN	9	VIRGINIA BEACH VA	40:40	13:06
38	813	ETHAN CLINKENBEARD	5	NEWPORT NEWS VA	41:42	13:26
39	820	LIAM PURDY	10	LANGLEY AFB VA	42:12	13:35
40	889	HUNTER TURNAGE	7	NEWPORT NEWS VA	46:48	15:04

41	922	COLIN SATCHELL	9	NEWPORT NEWS VA	50:33	16:17
42	923	GARRETT SATCHELL	11	NEWPORT NEWS VA	50:34	16:17
43	945	TYLER CROCCO	8	NEWPORT NEWS VA	52:42	16:58
44	953	ALEC SCHAFER	10	ELDERSBURG MD	52:53	17:02
45	989	CHARLIE GASKELL	5	NEWPORT NEWS VA	55:04	17:44
46	1019	TOMMY TRAGLE	9	MIDLOTHIAN VA	57:34	18:32
MEN: 12 - 15						
1	18	COLIN LOUGHMAN	15	HAMPTON VA	19:56	6:25
2	22	MATTHEW PARAGAS	13	NEWPORT BEACH CA	20:13	6:31
3	27	MAX WEIDMAN	14	SEAFORD VA	20:30	6:36 *
4	36	BUDDY ARCARA	13	YORKTOWN VA	21:16	6:51
5	38	NATHAN KIMBEL	14	SMITHFIELD VA	21:26	6:54
6	49	WILL VAN ORDEN	14	ALEXANDRIA VA	22:17	7:11
7	56	TRIPP VAUGHAN	15	HAYES VA	22:29	7:14
8	59	MILES MCALLISTER	12	NEWPORT NEWS VA	22:33	7:16
9	76	ZACHRY SATCHELL	14	NEWPORT NEWS VA	23:28	7:33
10	78	BRADEN MILLER	15	YORKTOWN VA	23:38	7:37
11	86	MATTHEW KLUG	14	NEWPORT NEWS VA	23:53	7:42
12	87	JACK WHELAN	15	ARLINGTON VA	23:55	7:42
13	99	BRENT ASHLEY	14	SEAFORD VA	24:10	7:47
14	102	ZACH GRIGGS	14	NEWPORT NEWS VA	24:14	7:48
15	115	DREW BUCKLEY	12	MIDLOTHIAN VA	24:33	7:54
16	124	ALEX SHAHMOURADIAN	15	NEWPORT NEWS VA	24:51	8:00
17	152	LOGAN WETZLER	15	HAMPTON VA	25:33	8:14
18	170	LANDON GRAGG	14	PORTSMOUTH VA	25:53	8:20
19	196	BRUCE REID	15	NEWPORT NEWS VA	26:32	8:33
20	202	NOAH SATCHELL	13	NEWPORT NEWS VA	26:38	8:35
21	224	HOLDEN KEEGAN	14	NEWPORT NEWS VA	27:03	8:43
22	233	LUKE MESSICK	12	HAMPTON VA	27:13	8:46
23	266	CHRISTIAN PITTMAN	15	SURRY VA	27:49	8:57
24	278	CALEB JONES	15	NEWPORT NEWS VA	27:59	9:01
25	300	AIDAN MCCORMICK	15	YORKTOWN VA	28:23	9:09 *
26	323	ELIJUAH CRAMER	13	NEWPORT NEWS VA	28:47	9:16
27	327	JOSEPH SANTOS	12	HAMPTON VA	28:56	9:19
28	331	DANIEL BUCKLEY	15	MIDLOTHIAN VA	29:01	9:21
29	334	TAYLOR FITZGERALD	13	NEWPORT NEWS VA	29:10	9:23
30	344	CARTER LONG	13	YORKTOWN VA	29:22	9:28
31	371	MACRAE MONTGOMERY	15	NEWPORT NEWS VA	29:49	9:36
32	389	CAMERON MILLER	13	YORKTOWN VA	30:02	9:40
33	390	MARK YOUKER	15	YORKTOWN VA	30:02	9:40
34	491	CAMERON WETZLER	12	HAMPTON VA	32:01	10:19
35	538	REILLY TODD	15	NEWPORT NEWS VA	33:06	10:40
36	541	IAN FITZGERALD	12	NEWPORT NEWS VA	33:08	10:40
37	602	ALEX HIGDON	12	YORKTOWN VA	34:32	11:07
38	697	ALEK SCHUELER	14	YORKTOWN VA	36:56	11:54
39	722	CHRISTIAN LITTLEFIELD	14	SMITHFIELD VA	37:43	12:09
40	733	JUSTIN FORTE	13	HAMPTON VA	38:06	12:16
41	746	ROBERT WHITE	15	NEWPORT NEWS VA	38:33	12:25
42	927	ERIC WITTE	12	YORKTOWN VA	51:28	16:34
43	985	MICHAEL FREMAUX	13	NEWPORT NEWS VA	54:54	17:40 *
MEN: 16 - 19						
1	7	KENNETH ROGERS	16	NEWPORT NEWS VA	19:05	6:09
2	8	JACOB CLORE	17	YORKTOWN VA	19:12	6:11
3	14	NIKOLAI DETRICK	17	SMITHFIELD VA	19:31	6:17
4	17	GRIFFIN LOUGHMAN	17	HAMPTON VA	19:43	6:21
5	19	JOSHUA MESSICK	16	HAMPTON VA	20:06	6:28
6	28	CHRISTOPHER OHLHAVER	17	NEWPORT NEWS VA	20:31	6:37
7	33	LUKE JOHNSON	16	SMITHFIELD VA	21:02	6:47
8	73	MILLER DEMING	17	CARROLLTON VA	23:17	7:30
9	84	DAVID VAN	16	HAMPTON VA	23:50	7:41

10	85	ROBERT KUSTERER	18	POQUOSON VA	23:52	7:41	*
11	125	TYLER ROSE	16	NEWPORT NEWS VA	24:52	8:00	
12	133	COLIN MCKEE	18	NEWPORT NEWS VA	25:01	8:04	
13	140	CHASE BROWNING	16	NEWPORT NEWS VA	25:19	8:09	
14	163	QUINLIN MCCORMICK	18	YORKTOWN VA	25:42	8:17	*
15	169	MATT PLUCINSKI	18	NEWPORT NEWS VA	25:51	8:20	
16	171	ANDREW INGELL	19	NEWPORT NEWS VA	26:01	8:23	
17	184	NOAH WEBSTER	16	CHESAPEAKE VA	26:19	8:29	*
18	190	ZAC NASER	17	YORKTOWN VA	26:25	8:30	
19	193	DAKOTA NITZSCHNER	16	YORKTOWN VA	26:28	8:31	
20	213	MICHAEL TRUJILLO	19	YORKTOWN VA	26:52	8:39	*
21	216	ROMAN DEGNAN	16	NEWPORT NEWS VA	26:54	8:40	
22	225	STONE MONTGOMERY	16	NEWPORT NEWS VA	27:04	8:43	
23	295	NICO DEGNAN	17	NEWPORT NEWS VA	28:15	9:06	
24	314	WALKER MASON	16	NEWPORT NEWS VA	28:35	9:12	
25	408	CONNER TAPFER	18	YORKTOWN VA	30:21	9:47	
26	481	JAKE KELLY	17	WILLIAMSBURG VA	31:50	10:15	
27	576	PETER BURRUS	16	NEWPORT NEWS VA	34:06	10:59	
28	614	DANIEL WALTZ	16	NEWPORT NEWS VA	34:54	11:14	
29	637	DANIEL ADAMS	16	YORKTOWN VA	35:38	11:29	
30	661	LUKAS SCHUELER	17	YORKTOWN VA	36:03	11:36	
31	776	CHRISTIAN BROWN	18	NEWPORT NEWS VA	39:52	12:50	
32	793	JARED GASTON	19	NEWPORT NEWS VA	40:36	13:04	
33	895	BRYAN STEWART	17	HAYES VA	48:40	15:40	
34	903	ALEX PALAGYI	18	SUFFOLK VA	49:29	15:56	

MEN: 20 - 24

1	9	PAUL TYLER	20	YORKTOWN VA	19:20	6:14	
2	29	NICKOLAS BRANCA	23	YORKTOWN VA	20:35	6:38	
3	30	SCOTT STUARD	21	NEWPORT NEWS VA	20:47	6:42	
4	45	PETER BOOTH	22	NEWPORT NEWS VA	21:54	7:03	
5	51	RYAN TYLER	20	YORKTOWN VA	22:21	7:12	
6	64	EDDIE BOYLAN	21	SMITHFIELD VA	22:48	7:21	
7	65	BENJAMIN HOPPE	20	YORKTOWN VA	22:51	7:21	
8	71	ZACHARY WEBSTER	22	NORFOLK VA	23:06	7:27	
9	74	BRANDON KNIGHT	24	NEWPORT NEWS VA	23:18	7:30	
10	82	DAVID BONNEWELL	21	NORFOLK VA	23:43	7:38	
11	89	BRIAN R FRIES	23	NEWPORT NEWS VA	24:00	7:44	
12	147	GARRETT FORD	21	MIDLOTHIAN VA	25:25	8:11	
13	150	NADER AMER	24	YORKTOWN VA	25:30	8:13	
14	151	LUKE CRINER	23	NEWPORT NEWS VA	25:31	8:13	
15	155	BRYCE GREGORY	24	NEWPORT NEWS VA	25:36	8:15	
16	185	KIP NAEDU	22	NORFOLK VA	26:20	8:29	
17	203	SEAN P MCCORMICK	20	YORKTOWN VA	26:39	8:35	*
18	211	MATTHEW WALTZ	22	NEWPORT NEWS VA	26:48	8:38	
19	227	ANDREW CASTRO	20	YORKTOWN VA	27:06	8:44	
20	236	PAUL CRINER	21	NEWPORT NEWS VA	27:15	8:46	
21	267	ROSS STIREWALT	24	YORKTOWN VA	27:51	8:58	
22	319	CURTIS PITTMAN	20	SURRY VA	28:40	9:14	
23	324	EDISON SCHROEDER	23	NEWPORT NEWS VA	28:49	9:17	
24	326	TOM LANE III	23	YORKTOWN VA	28:54	9:18	*
25	333	ANTHONY TRUJILLO	21	YORKTOWN VA	29:03	9:21	*
26	360	BEN BRICKER	22	NEWPORT NEWS VA	29:43	9:34	*
27	381	DANIEL VARELA	23	NEWPORT NEWS VA	29:57	9:39	
28	464	JOSH REITH	23	NORFOLK VA	31:24	10:07	
29	512	RUSS CHRISTIAN	21	CARROLLTON VA	32:33	10:29	
30	548	BRAXTON VINSON	22	RICHMOND VA	33:21	10:44	
31	671	TRIPP GRESHAM	21	NEWPORT NEWS VA	36:23	11:43	
32	881	ALEX SCHRODER	21	NEWPORT NEWS VA	46:14	14:53	
33	942	STEPHEN ANDERSON	24	CHESAPEAKE VA	52:37	16:56	
34	957	ANTONIO WILSON	20	HAMPTON VA	53:02	17:05	

35	1005	AERIEL FOWLE	20	HAMPTON VA	56:37	18:14
36	1007	JACOB SMITH	22	NEWPORT NEWS VA	56:37	18:14
MEN: 25 - 29						
1	4	LEE LOCKWOOD	29	NEWPORT NEWS VA	18:32	5:58
2	11	DANNY HERNANDEZ	28	ALEXANDRIA VA	19:26	6:16
3	25	ALLEN GLAZER	29	KNOXVILLE TN	20:24	6:34
4	31	DANIEL MCNICHOL	27	HAMPTON VA	20:51	6:43
5	32	NICK JONES	29	YORKTOWN VA	20:55	6:44
6	46	KEVIN RENNER	29	NEWPORT NEWS VA	21:59	7:05
7	47	JEFFREY WOOD	27	HAMPTON VA	22:00	7:05
8	52	BRIAN BARNES	28	RICHMOND VA	22:22	7:12
9	69	JUSTIN GWILT	28	ALEXANDRIA VA	23:02	7:25
10	81	JAMES SWEARINGEN	28	HAMPTON VA	23:42	7:38
11	88	ANTWARN HAYES	27	NEWPORT NEWS VA	23:59	7:43
12	120	TIMOTHY OLDFORD	29	MIDDLETOWN RI	24:45	7:58
13	129	MARKI DOYLE	25	NEWPORT NEWS VA	24:57	8:02
14	148	DAVID KNIGHT	27	POQUOSON VA	25:25	8:11
15	154	SHEA M SCOTTI	27	YORKTOWN VA	25:36	8:15
16	156	BRIAN BROWN-DYMKOSKI	26	YORKTOWN VA	25:39	8:16
17	157	ROBERT HARRIS JR	27	HAMPTON VA	25:39	8:16 *
18	173	RYAN HUDSON	29	YORKTOWN VA	26:07	8:25
19	177	JINNA PARK	26	NEWPORT NEWS VA	26:13	8:26
20	179	JASON HALL	29	NEWPORT NEWS VA	26:14	8:27
21	188	JUSTIN ALLBRITTON	28	YORKTOWN VA	26:23	8:30
22	189	ALBERT DREYER	26	SILVER SPRING MD	26:23	8:30
23	217	JOSHUA BARNARD	27	SEAFORD VA	26:56	8:40
24	244	MATTHEW MOSER	28	SEAFORD VA	27:23	8:49
25	273	CASEY ROSINSKI	28	HAMPTON VA	27:56	9:00
26	340	MIKE SELLERS	29	BALTIMORE MD	29:17	9:26
27	351	BLAKE O'BRIEN	26	NEWPORT NEWS VA	29:29	9:30
28	367	MICHAEL ALLEY	25	NEWPORT NEWS VA	29:46	9:35
29	382	GREG HUDSON	25	YORKTOWN VA	29:58	9:39
30	514	MATTHEW ANDREWS	29	CARROLLTON VA	32:38	10:30
31	599	NEAL MARTIN	29	ARLINGTON VA	34:29	11:06
32	607	MARY GILES	29	KNOXVILLE TN	34:42	11:10
33	640	BROOKS TAYLOR	29	NEWPORT NEWS VA	35:42	11:30
34	675	CHARLES JACKSON	28	NEWPORT NEWS VA	36:30	11:45
35	764	BRETT NOBILE	27	POQUOSON VA	39:15	12:38
36	786	NORBERT BOZYK	26	WILLIAMSBURG VA	40:20	12:59
37	799	RYAN CERE	27	HAMPTON VA	40:57	13:11
38	806	ALEX KALINOWSKI	28	YORKTOWN VA	41:07	13:14
39	855	WILLIAM BRIDGES	27	NEWPORT NEWS VA	43:50	14:07
40	878	JAMES GILES	27	HAMPTON VA	45:55	14:47
41	996	JUSTIN NELSON	29	SUFFOLK VA	55:45	17:57
MEN: 30 - 34						
1	10	EDWYNN COLLINS	30	NEWPORT NEWS VA	19:23	6:15 *
2	12	MIKE STOHLER	32	NEWPORT NEWS VA	19:29	6:17
3	26	GEOFFREY LANCASTER	33	HUBERT NC	20:25	6:35
4	37	MIKE YATES	32	CHESAPEAKE VA	21:24	6:53
5	67	BRIAN J HAKES	31	WILLIAMSBURG VA	22:54	7:23
6	68	ANTHONY AGBAY JR	32	LANGLEY AFB VA	22:57	7:23
7	77	MATTHEW HOUSER	32	HAMPTON VA	23:36	7:36
8	79	MICHAEL OLDFORD	32	NEWPORT NEWS VA	23:40	7:37
9	100	MIKE WHELAN	30	HAMPTON VA	24:13	7:48
10	135	JEREMY TAYLOR	33	YORKTOWN VA	25:10	8:06
11	142	NELV STEFAN	34	BEREA KY	25:21	8:10
12	149	BRIAN GRIFFITHS	34	NEWPORT NEWS VA	25:29	8:13
13	174	CHRIS WESTCOTT	34	BLACKSBURG VA	26:08	8:25
14	182	NATE MCNEELY	34	YORKTOWN VA	26:17	8:28
15	204	SEBASTIAN NILLER	30	HAMPTON VA	26:39	8:35

16	221	MATHEW BOERNER	31	ARLINGTON VA	26:59	8:41
17	237	T J HAYES	31	NEWPORT NEWS VA	27:16	8:47
18	257	JACK KLECHA	33	RALEIGH NC	27:36	8:53
19	272	DAVE MULLEY	34	RALEIGH NC	27:55	9:00
20	296	RYAN ATHEARN	32	WEST HILLS CA	28:15	9:06
21	325	FRAN MCLUCHE	32	NEWPORT NEWS VA	28:50	9:17
22	328	JOSHUA WILSON	32	WILLIAMSBURG VA	28:57	9:20
23	375	BRAD FAWSETT	31	LORTON VA	29:52	9:37
24	376	PATRICK WACHENDORF	32	LORTON VA	29:54	9:38
25	383	BEN BARNES	30	MANASSAS PARK VA	29:58	9:39
26	400	DANIEL FRANCIS	30	HAMPTON VA	30:08	9:42
27	401	ALAN DAVIS	30	YORKTOWN VA	30:09	9:42
28	403	LUIS TORRES	32	NEWPORT NEWS VA	30:11	9:43
29	417	JASON PRICE	33	CARROLLTON VA	30:30	9:49
30	424	MATTHEW TAVELLI	30	NEWPORT NEWS VA	30:42	9:53
31	441	JASON KEMP	30	QUANTICO VA	31:02	10:00
32	444	NATHAN HARRIS	31	SUNNYSIDE NY	31:04	10:00
33	452	STEVEN BRINKER	34	NORFOLK VA	31:14	10:03
34	477	TREVOR MANNING	32	NEWPORT NEWS VA	31:47	10:14
35	499	SCOTT JENKINS	32	NEWPORT NEWS VA	32:07	10:21 *
36	550	DAVID GILES	32	NEWPORT NEWS VA	33:22	10:45
37	560	ALEXANDER MCARTHUR	30	CHARLOTTE NC	33:37	10:50
38	567	JASON SHAW	30	NORFOLK VA	33:56	10:56
39	573	BRIAN GASKINS	31	NEWPORT NEWS VA	34:03	10:58
40	642	BRAD BARNES	33	SEAFORD VA	35:43	11:30
41	659	ERIC OLDFORD	34	PORTSMOUTH VA	36:01	11:36
42	688	EVAN SNYDER	31	RESTON VA	36:47	11:51
43	750	JOHN CROCCO	31	NEWPORT NEWS VA	38:44	12:28
44	834	CORY BOND	32	FOREST VA	42:48	13:47
45	877	COLGAN WILSON	30	HAMPTON VA	45:46	14:44
46	887	NATHAN DEWITT	34	HAMPTON VA	46:36	15:00
47	943	MICHAEL HARGETT	32	NEWPORT NEWS VA	52:37	16:57
48	1056	NICK PITTINGER	32	MECHANICSVILLE VA	1:01:07	19:41
49	1068	MARK VAN DEREN	31	NEWPORT NEWS VA	1:02:33	20:08

MEN: 35 - 39

1	6	HENRY TRAGLE	35	LEESBURG VA	18:57	6:06
2	23	TREY POWELL	39	COLUMBIA SC	20:17	6:32
3	34	MATTHEW CHANG	37	YORKTOWN VA	21:04	6:47
4	58	CHAS SHAW	38	YORKTOWN VA	22:31	7:15
5	123	BRENT DUTTON	35	CHARLOTTE NC	24:50	8:00
6	126	BRETT OLSEN	36	HAMPTON VA	24:52	8:01
7	139	WAYNE NITZSCHNER	38	YORKTOWN VA	25:18	8:09
8	180	BRIAN COLEMAN	38	HAMPTON VA	26:14	8:27
9	200	ROBERT STAUB	35	NEWPORT NEWS VA	26:36	8:34
10	270	ROBERT WHELAN	38	HAMPTON VA	27:53	8:59
11	283	ZACHARY FELTNER-REICHERT	37	KNOXVILLE TN	28:03	9:02
12	289	JEFFREY BILODEAU	39	YORKTOWN VA	28:07	9:03
13	332	BRIAN HOBBS	37	NEWPORT NEWS VA	29:02	9:21
14	352	BRIAN KETTERMAN	38	HAMPTON VA	29:36	9:32 *
15	353	JEFFREY HOLLAND	38	HENRICO VA	29:37	9:32
16	415	STEVE WETZLER	36	HAMPTON VA	30:30	9:49
17	418	MATT WEAVER	38	SUFFOLK VA	30:31	9:50
18	422	RONALD DEGNAN	38	NEWPORT NEWS VA	30:38	9:52
19	428	MICHAEL STEPHENS	38	HAMPTON VA	30:47	9:55
20	457	JASON INGRAM	37	NEWPORT NEWS VA	31:18	10:05
21	458	TODD KRAMER	35	NEWPORT NEWS VA	31:18	10:05
22	472	TODD PRICE	37	WILLIAMSBURG VA	31:41	10:12
23	474	THOMAS GARDNER	35	FOREST VA	31:43	10:13
24	502	CHRISTOPHER REED	38	SEAFORD VA	32:16	10:23
25	523	MICHAEL POFF	36	ELLWOOD CITY PA	32:56	10:36

26	574	MATTHEW LOWERY	38	WILLIAMSBURG VA	34:04	10:58
27	600	BRIAN HELMICK	37	SOUTH RIDING VA	34:31	11:07
28	610	TODD A HALL	39	HAMPTON VA	34:44	11:11
29	670	JAMES LOZIER	36	YORKTOWN VA	36:22	11:43
30	720	ERIC DEVEREUX	37	YORKTOWN VA	37:43	12:09
31	788	JON HARDY	36	NEWPORT NEWS VA	40:24	13:01
32	875	AARON TRAGLE	38	MIDLOTHIAN VA	45:39	14:42
33	890	MIKE TURNAGE	38	NEWPORT NEWS VA	46:55	15:06
34	972	JIMMY SGAMBELLURI	39	NEWPORT NEWS VA	53:46	17:19
35	984	JOEY SMITH	39	YORKTOWN VA	54:48	17:39
36	1069	ANDREW VAN DEREN	39	RICHMOND VA	1:02:34	20:09
MEN: 40 - 44						
1	16	CHRIS WADE	42	SUFFOLK VA	19:39	6:20
2	21	MICHAEL MILNER	42	MANASSAS VA	20:10	6:30
3	40	GREG SUMMERLIN	43	CARROLLTON VA	21:27	6:55
4	48	CONRAD CARINGAL	43	LARGO FL	22:12	7:09
5	60	ROSS FOWLE	43	OCEAN CITY MD	22:35	7:17
6	92	ROSS SALLADE	42	RALEIGH NC	24:03	7:45
7	105	RICK DAVENPORT	41	YORKTOWN VA	24:17	7:49 *
8	172	TODD LANNING	42	HAMPTON VA	26:02	8:23 *
9	187	JEFF SHARPE	44	ROANOKE VA	26:23	8:30
10	191	DAVE GASKELL	40	NEWPORT NEWS VA	26:26	8:31
11	205	JOHN PAUL	43	NEWPORT NEWS VA	26:39	8:35
12	231	SAM ROSE	44	NEWPORT NEWS VA	27:11	8:45
13	281	DARWIN MILLS	43	NEWPORT NEWS VA	28:02	9:02
14	354	DOUGLAS VAUGHAN JR	43	HAYES VA	29:37	9:32
15	365	BRIAN GRIGGS	44	NEWPORT NEWS VA	29:44	9:35 *
16	374	LARRY O'BRYAN	44	NEWPORT NEWS VA	29:51	9:37
17	420	TODD DEVEREUX	42	YORKTOWN VA	30:34	9:51
18	493	MIKE SORRENTINO	42	YORKTOWN VA	32:03	10:19
19	496	MICHAEL HILL	41	NEWPORT NEWS VA	32:05	10:20
20	500	BRIAN LONG	40	YORKTOWN VA	32:12	10:22
21	505	CHANCE PRICE	43	HAMPTON VA	32:23	10:26
22	511	ROBB HELZERMAN	43	MATTHEWS NC	32:31	10:28
23	513	CARL ALBUQUERQUE	44	YORKTOWN VA	32:35	10:29
24	521	JOHN MESEROLL	41	YORKTOWN VA	32:55	10:36
25	575	DAVID KEPPEL	40	CHARLOTTESVILLE VA	34:05	10:58
26	592	JARED DOUGHERTY	40	LONDON ENGLAND GB	34:22	11:04
27	604	MARCUS CHANDLER	41	HAMPTON VA	34:39	11:09
28	631	CHRIS JOHNSON	42	HAMPTON VA	35:27	11:25
29	664	DAVID CHRISTIAN	43	FL	36:12	11:40
30	666	ROBERT ALWORTH	42	NEWPORT NEWS VA	36:14	11:40
31	683	JOEL FITZGERALD	41	NEWPORT NEWS VA	36:40	11:49
32	695	BRIAN G SMITH	41	NEWPORT NEWS VA	36:53	11:52
33	724	MIKE BAUST	43	YORKTOWN VA	37:44	12:09
34	801	JAMES DARDEN	42	LUSBY MD	41:03	13:13
35	824	JEFF PURDY	43	LANGLEY AFB VA	42:22	13:39
36	947	JEFFREY DEBERRY	42	NEWPORT NEWS VA	52:44	16:59
37	966	BRIAN BUTCHER	40	NEWPORT NEWS VA	53:20	17:10
38	1039	KENNY GARDNER	41	NEWPORT NEWS VA	59:28	19:09
MEN: 45 - 49						
1	13	GEORGE FISCELLA	49	NEWPORT NEWS VA	19:30	6:17 *
2	24	DOUGLAS MALONE	46	YORKTOWN VA	20:21	6:33
3	44	JARRETT COLLINS	49	WELLESLEY MA	21:47	7:01
4	106	EDWARD WEBSTER	48	CHESAPEAKE VA	24:19	7:50 *
5	109	JOSEPH ROTH	45	YORKTOWN VA	24:24	7:52
6	128	BRIAN C MCCORMICK	48	YORKTOWN VA	24:56	8:02 *
7	130	CHANDLER CLARK	46	HAMPTON VA	24:57	8:02
8	132	JOHN FRAZER	45	ALEXANDRIA VA	25:00	8:03
9	138	STEVEN CLORE	48	YORKTOWN VA	25:16	8:08

10	143	DAN ENOCH	49	YORKTOWN VA	25:22	8:10	*
11	146	DURWOOD WILSON	46	HAMPTON VA	25:23	8:11	
12	153	JAMES SPEEGLE JR	45	YORKTOWN VA	25:35	8:14	
13	167	FORD COOK	45	YORKTOWN VA	25:45	8:18	
14	214	MARTIN WHEELER	47	HAMPTON VA	26:52	8:39	
15	240	GREG ELMORE	46	SC	27:18	8:48	
16	254	PAUL EVANS	48	YORKTOWN VA	27:31	8:52	
17	259	JAMIE BOYAGIAN	47	VIRGINIA BEACH VA	27:39	8:54	
18	297	CARL POE	45	DURHAM NC	28:17	9:06	
19	313	DERICK PARAGAS	48	NEWPORT BEACH CA	28:34	9:12	
20	317	LAWRENCE PARKER	49	SUFFOLK VA	28:37	9:13	
21	362	BRYAN WILLIAMS	47	HAMPTON VA	29:43	9:34	
22	378	CHUCK ASKIN	49	YORKTOWN VA	29:55	9:38	
23	380	ROBERT E TRUJILLO	47	YORKTOWN VA	29:57	9:39	*
24	398	JEFFREY W BARLEY	49	NEWPORT NEWS VA	30:07	9:42	
25	406	RAY MONTGOMERY	49	HAMPTON VA	30:20	9:46	
26	411	GREGG VAN ORDEN	48	ALEXANDRIA VA	30:23	9:47	
27	423	ED PLUCINSKI	47	NEWPORT NEWS VA	30:39	9:52	
28	473	GRADY JACKSON	47	RALEIGH NC	31:42	10:13	
29	480	VICTOR LICEAGA	48	SUFFOLK VA	31:49	10:15	
30	487	MARCEL MONTANE	49	GLOUCESTER POINT V	31:56	10:17	
31	488	STEVEN SMITH	49	POQUOSON VA	31:59	10:18	
32	643	TIMOTHY MARTIN	48	NEWPORT NEWS VA	35:43	11:30	
33	645	KEITH HARRIS	45	NEWPORT NEWS VA	35:48	11:32	
34	762	GUY LEVY	49	NEWPORT NEWS VA	39:09	12:36	
35	771	BEN BOISVERT	45	HAMPTON VA	39:42	12:47	
36	774	MARK FULLER	49	YORKTOWN VA	39:45	12:48	
37	796	GARY VAN ORDEN	47	HAYES VA	40:46	13:08	
38	873	TOM KEEGAN	48	NEWPORT NEWS VA	45:33	14:40	
39	914	MARK MADLER	47	NEWPORT NEWS VA	50:15	16:11	
40	928	LEE POMERVILLE	47		51:36	16:37	
41	954	DAVID SCHAFFER	45	ELDERSBURG MD	52:58	17:03	
42	967	DONNIE MOCK	45	HOPE MILLS NC	53:25	17:12	
43	977	ROBERT KELLER JR	49	NEWPORT NEWS VA	54:09	17:26	
44	978	BILL LAMARSH	48	YORKTOWN VA	54:10	17:26	
45	1047	ANGELA PITTMAN	48	SURRY VA	1:00:06	19:21	
46	1049	BONNIE WALTERS	45	NEWPORT NEWS VA	1:00:21	19:26	

MEN: 50 - 54

1	39	BART JOHNSON	53	NEWPORT NEWS VA	21:27	6:54	
2	62	JIM HARRISON	53	HAMPTON VA	22:40	7:18	
3	93	JAMES HARRIS	50	NORFOLK VA	24:05	7:45	
4	98	ED WHELAN	51	ARLINGTON VA	24:09	7:47	
5	127	BILL DAVIS	50	YORKTOWN VA	24:55	8:01	
6	162	BRUCE KNIGHT	54	POQUOSON VA	25:40	8:16	
7	178	STEVEN HOPPE	53	YORKTOWN VA	26:13	8:27	
8	209	ANTHONY KRAL	54	YORKTOWN VA	26:42	8:36	
9	238	DAVID MESSICK	50	HAMPTON VA	27:16	8:47	
10	248	MICHAEL BROWNING	50	NEWPORT NEWS VA	27:25	8:50	
11	256	MICHAEL CARPENTER	51	NEWPORT NEWS VA	27:32	8:52	
12	258	JIM O'BRIEN	50	NEWPORT NEWS VA	27:37	8:54	
13	286	JOE REID	53	NEWPORT NEWS VA	28:04	9:02	
14	293	ROBERT FRIES	54	NEWPORT NEWS VA	28:14	9:05	
15	303	RODNEY FLINT	53	YORKTOWN VA	28:27	9:10	
16	310	LARRY JONES	53	NEWPORT NEWS VA	28:32	9:11	
17	312	CARLOS LICEAGA	53	NEWPORT NEWS VA	28:33	9:12	*
18	339	DAVID YOUKER	54	YORKTOWN VA	29:17	9:26	
19	357	GARY BONNEWELL	54	NORFOLK VA	29:41	9:34	
20	358	TIMOTHY CONLEY	53	YORKTOWN VA	29:41	9:34	
21	361	DANIEL R MASON	52	NEWPORT NEWS VA	29:43	9:34	*
22	407	DEAN BERND	52	SMITHFIELD VA	30:21	9:46	

23	414	DAVID INGELL	53	NEWPORT NEWS VA	30:28	9:49	
24	421	MICHAEL SMITH	50	NEWPORT NEWS VA	30:36	9:51	
25	461	WILLIAM R JONES	53	YORKTOWN VA	31:21	10:06	*
26	507	BENNY LEBON	50	NORFOLK VA	32:25	10:26	
27	529	KEN BRICKER	54	NEWPORT NEWS VA	33:00	10:38	*
28	692	MICHAEL BLACKSHEAR	51	HAMPTON VA	36:49	11:51	
29	739	MARK ITO	52	NEWPORT NEWS VA	38:13	12:18	
30	758	CLIFTON STOWE	51	NORFOLK VA	39:05	12:35	
31	781	RANDY DYKE	52	NEWPORT NEWS VA	40:02	12:54	
32	802	TIM BOYLAN	51	SMITHFIELD VA	41:03	13:13	
33	829	RENEE ITO	52	NEWPORT NEWS VA	42:34	13:42	
34	847	BILL KLEKAR	53	YORKTOWN VA	43:26	13:59	
35	848	GLEN HARRISON	50	HAMPTON VA	43:28	14:00	
36	849	WILLIAM B HARRISON JR	53	HAMPTON VA	43:33	14:02	*
37	868	ANDREW CRAMER	50	NEWPORT NEWS VA	45:01	14:30	
38	930	JEFF NEWLAND	50	HAMPTON VA	51:39	16:38	
39	986	CHARLES FREMAUX	52	NEWPORT NEWS VA	54:55	17:41	*
40	1046	MARK KASPER	50	HAMPTON VA	1:00:05	19:21	
41	1072	BRUCE YOUNG	52	YORKTOWN VA	1:02:49	20:14	
MEN: 55 - 59							
1	15	JIM THORNTON	57	SEAFORD VA	19:37	6:19	
2	41	JOSEPH CUTHRELL	58	SUFFOLK VA	21:28	6:55	
3	97	MARK LAWSON	57	CHESAPEAKE VA	24:08	7:47	
4	103	TOM KURZ	56	NEWPORT NEWS VA	24:15	7:49	
5	107	TOM HARRINGTON	58	CHESAPEAKE VA	24:22	7:51	
6	168	KEVIN BARRY JR	55	YORKTOWN VA	25:47	8:18	
7	195	RUBEN A NIEVES	59	NEWPORT NEWS VA	26:29	8:32	
8	206	DAVID M SYRETT	57	NEWPORT NEWS VA	26:40	8:35	
9	208	THOMAS KEENAN	59	WILMINGTON NC	26:42	8:36	
10	230	DOUG ROREM	55	WHEATON IL	27:10	8:45	
11	234	GEORGE JACOBS	58	NEWPORT NEWS VA	27:13	8:46	
12	253	WILLIAM T HODGES	58	YORKTOWN VA	27:30	8:51	*
13	271	GEOFFREY BROWN	55	CHAPEL HILL NC	27:55	8:59	
14	285	KARL S MORRISSETTE	55	PORTSMOUTH VA	28:04	9:02	
15	315	ROBERT D JONES	56	YORKTOWN VA	28:35	9:12	*
16	355	DOUGLAS KNOX	59	HAMPTON VA	29:40	9:33	
17	429	RAMON ALVARDO	56	NORFOLK VA	30:49	9:55	
18	503	TIMOTHY LEIGHTON	59	HAMPTON VA	32:21	10:25	
19	527	DONALD HUDSON	55	YORKTOWN VA	32:58	10:37	
20	561	GARY TAPFER	57	YORKTOWN VA	33:40	10:51	
21	583	DAVID BRINKER	57	NEWPORT NEWS VA	34:16	11:02	
22	619	SCOTT STOLLDORF	59	YORKTOWN VA	35:03	11:17	
23	641	KEN BARNES	59	YORKTOWN VA	35:42	11:30	
24	651	WALTON BOLGER	58	YORKTOWN VA	35:51	11:33	*
25	654	PETER M NAVIN	57	HAMPTON VA	35:58	11:35	*
26	705	DONALD ROWE	55	YORKTOWN VA	37:05	11:56	
27	723	BEN DIVITO	59	YORKTOWN VA	37:43	12:09	
28	757	DAVID BEACH	57	VA	39:04	12:35	
29	844	THOMAS MASON	58	ROANOKE VA	43:20	13:57	
30	893	ROBERT CRINER	55	YORKTOWN VA	48:34	15:38	
31	894	MIKE MANNEN	55	HAMPTON VA	48:39	15:40	
32	918	HENRY PITTMAN	58	NEWPORT NEWS VA	50:27	16:15	
33	1003	MARGY PITTMAN	58	NEWPORT NEWS VA	56:36	18:13	
34	1015	BEN WACHENDORF	59	SUFFOLK VA	57:14	18:26	
35	1030	EDWIN SNYDER	59	YORKTOWN VA	58:11	18:44	
36	1061	DICKIE PITTMAN	58	SURRY VA	1:02:06	20:00	
37	1062	KENT PITTMAN	55	SURRY VA	1:02:11	20:01	
MEN: 60 - 64							
1	66	JIM CHRISTOL	64	YORKTOWN VA	22:52	7:22	*
2	80	STEVEN BOOKBINDER	62	NEWPORT NEWS VA	23:41	7:38	



3	83	JOSEPH L VERDIRAME	62	SUFFOLK VA	23:48	7:40	*
4	113	ROBERT DAVIS	60	HAMPTON VA	24:29	7:53	
5	158	CHARLES DONNELLY	61	GLEN SPEY NY	25:39	8:16	
6	282	GEORGE I FENIGSOHN	64	POQUOSON VA	28:02	9:02	*
7	337	ROBERT GEORGE	63	PORT HAYWOOD VA	29:14	9:25	
8	342	EDWARD MERZ	64	HAYES VA	29:18	9:26	
9	387	PHIL CASEY	60	NEWPORT NEWS VA	30:00	9:40	
10	585	SCOTT DUCKWITZ	61	NEWPORT NEWS VA	34:19	11:03	
11	624	TOM LANE JR	63	YORKTOWN VA	35:10	11:19	*
12	703	CHARLES S HOPKINS JR	63	HAMPTON VA	37:01	11:55	
13	707	BOB DAVIS	63	WARE NECK VA	37:15	12:00	
14	735	KEVIN GARNER	63	NEWPORT NEWS VA	38:09	12:17	
15	747	ALLAN HUMPHREY	64	NEWPORT NEWS VA	38:38	12:27	
16	773	JACK ADAMS	63	HAMPTON VA	39:44	12:48	
17	912	BILL AMES	63	HAMPTON VA	50:12	16:10	
18	968	GLENN FORD	63	MIDLOTHIAN VA	53:35	17:15	
19	969	TOM TRAGLE	64	YORKTOWN VA	53:36	17:15	
20	1055	WYNN HANCOCK	62	HAMPTON VA	1:00:47	19:34	
MEN: 65 - 69							
1	228	MICHAEL POFF	66	ELLWOOD CITY PA	27:07	8:44	
2	516	CLINT PAGE	66	NEWPORT NEWS VA	32:42	10:32	
3	542	ROBERT DEVEREUX	67	YORKTOWN VA	33:09	10:41	
4	727	RAYMOND B YOH	65	NEWPORT NEWS VA	37:51	12:11	
5	749	JAMES P SHARP	69	NORTH VA	38:44	12:28	
6	825	ROBERT ROADARMEL	69	YORKTOWN VA	42:24	13:39	
7	1026	RUTHANN KELLUM	67	HAMPTON VA	57:59	18:40	
8	1065	TOM HAYS	65	YORKTOWN VA	1:02:30	20:07	
MEN: 70 AND OVER							
1	510	PAUL O SHARP	71	NORTH VA	32:30	10:28	*
2	565	CHARLES R TERRELL	72	NEWPORT NEWS VA	33:50	10:54	*
3	620	ROBERT S WHITE	88	HAMPTON VA	35:04	11:18	*
4	679	CYRUS HASSAN	70	YORKTOWN VA	36:37	11:47	
5	798	WALLACE SINK	73	NEWPORT NEWS VA	40:53	13:10	
6	901	MANLY RAY	71	YORKTOWN VA	49:11	15:50	
7	1053	BOBBY GRIFFITH	76	HAMPTON VA	1:00:44	19:33	
8	1074	MAYER LEVY	79	SEAFORD VA	1:02:53	20:15	*
WOMEN: 11 AND UNDER							
1	245	LEIGHA SOUTHALL	11	FOREST VA	27:23	8:49	
2	292	ANNA POE	9	NC	28:11	9:05	
3	364	MADI POWELL	7	COLUMBIA SC	29:44	9:35	
4	419	RACHEL SMITH	10	NEWPORT NEWS VA	30:34	9:50	
5	436	LUCY MILLER	8	YORKTOWN VA	30:55	9:57	
6	439	EMMA KEPPEL	10	CHARLOTTESVILLE VA	30:59	9:59	
7	448	ELIZABETH KEPPEL	8	CHARLOTTESVILLE VA	31:08	10:02	
8	497	ISABELLA KLEKAR	9	YORKTOWN VA	32:05	10:20	
9	531	ASHLEIGH LAINE	11	KENNESAW GA	33:02	10:38	
10	543	HANNAH JORDAN	11	APO AE	33:11	10:41	
11	626	ISABELLA KIMBEL	8	SMITHFIELD VA	35:15	11:21	
12	657	SYDNEY PAUL	9	NEWPORT NEWS VA	35:59	11:35	
13	665	MARY-ELISE ALWORTH	10	NEWPORT NEWS VA	36:13	11:40	
14	668	KASSIE PAUL	7	NEWPORT NEWS VA	36:14	11:40	
15	677	SARAH KELLY	11	BERKLEY HEIGHTS NJ	36:32	11:46	
16	687	KATIE FREMAUX	9	NEWPORT NEWS VA	36:42	11:49	*
17	740	HARRIET JACKSON	7	RALEIGH NC	38:13	12:18	
18	751	TORI POWELL	8	COLUMBIA SC	38:47	12:29	
19	772	NATALIE SUMMERLIN	10	CARROLLTON VA	39:42	12:47	
20	850	HAYLEY BLAIR	8	CHESTERFIELD VA	43:35	14:02	
21	852	LAUREN HALL	9	GLOUCESTER PT VA	43:47	14:06	
22	866	HANNAH DYE	8	YORKTOWN VA	44:53	14:27	

23	876	LEXI TRAGLE	8	MIDLOTHIAN VA	45:45	14:44	
24	905	KATE WISNESKI	7	MARIETTA GA	49:33	15:57	
25	913	LAURA MADLER	10	NEWPORT NEWS VA	50:14	16:10	
26	924	LINDSAY SMITH	7	YORKTOWN VA	51:08	16:28	
27	925	NASTASSIA WITTE	9	YORKTOWN VA	51:15	16:30	
28	965	ALYSSA CIRRINCIONE	8	NEWPORT NEWS VA	53:20	17:10	
29	973	EMILY SMITH	11	YORKTOWN VA	53:47	17:19	
30	1000	AVA CAMPBELL	8	GREAT FALLS VA	56:26	18:10	
WOMEN: 12 - 15							
1	53	KARA ENOCH	14	YORKTOWN VA	22:26	7:13	*
2	101	SARAH SCOTT	14	NEWPORT NEWS VA	24:13	7:48	*
3	212	ALI SHARPE	14	ROANOKE VA	26:51	8:39	
4	226	MOLLY VAUGHAN	13	HAYES VA	27:05	8:43	
5	229	CATIE SLATER	14	NEWPORT NEWS VA	27:07	8:44	
6	243	STEPH O'BRIEN	13	NEWPORT NEWS VA	27:22	8:49	
7	249	CAMDEN CARPENTER	12	NEWPORT NEWS VA	27:27	8:50	
8	252	CHEYENNE BOOTH	14	NEWPORT NEWS VA	27:28	8:51	
9	287	GRACE PRILLAMAN	14	NEWPORT NEWS VA	28:05	9:03	
10	290	KATHRYN VAN ORDEN	14	CHESAPEAKE VA	28:08	9:04	
11	318	REBEKAH O'BRIEN	13	NEWPORT NEWS VA	28:38	9:13	
12	347	PIPER CARPENTER	12	NEWPORT NEWS VA	29:24	9:28	
13	370	REESE DEGNAN	12	NEWPORT NEWS VA	29:48	9:36	
14	386	CHARLIE NEATE	13	POQUOSON VA	30:00	9:40	
15	534	TESSA DANEHY	12	NEWPORT NEWS VA	33:03	10:39	
16	551	HARLEY OWEN	15	NEWPORT NEWS VA	33:23	10:45	
17	577	MADISON SMITH	13	POQUOSON VA	34:07	10:59	
18	598	LEAH ASKIN	14	YORKTOWN VA	34:28	11:06	
19	616	ASHLEY HILL	15	NEWPORT NEWS VA	34:57	11:15	
20	725	ALLISON YCO	15	PORTSMOUTH VA	37:45	12:09	
21	803	ASHLEY LAWRENCE	15	YORKTOWN VA	41:04	13:13	*
22	839	COURTNEY MONTGOMERY	14	NEWPORT NEWS VA	43:11	13:54	
23	879	ALYSSA EMBLETON	15	NEWPORT NEWS VA	45:57	14:48	
24	897	SOPHIA RAMIREZ	12	NEWPORT NEWS VA	48:44	15:41	
25	904	LAUREN PALAGYI	15	SUFFOLK VA	49:32	15:57	
26	997	JORDAN CAMPBELL	14	GREAT FALLS VA	55:46	17:57	
27	998	NINA COLLINS	13	WELLESLEY MA	55:57	18:01	
28	999	VICTORIA COLLINS	15	WELLESLEY MA	55:59	18:02	
29	1002	SUMMER SPEACH	13	VIRGINIA BEACH VA	56:33	18:12	
30	1042	MOLLY PITTMAN	13	SURRY VA	59:45	19:14	
31	1044	TAYLOR WARE	14	WILLIAMSBURG VA	59:55	19:17	
32	1054	ASHLEIGH PETERSON	13	NEWPORT NEWS VA	1:00:46	19:34	
33	1059	KASEY CIOTTA	12	NEWPORT NEWS VA	1:01:58	19:57	
34	1060	EMILY KELSO	12	YORKTOWN VA	1:01:59	19:57	
35	1071	FRANKIE LEVY	14	NEWPORT NEWS VA	1:02:39	20:10	
WOMEN: 16 - 19							
1	42	JESSICA ARMSTRONG	16	NEWPORT NEWS VA	21:34	6:57	
2	118	REBECCA HOPPE	16	YORKTOWN VA	24:38	7:56	
3	137	JESSICA THOMAS	17	NEWPORT NEWS VA	25:15	8:08	
4	181	HANNA JOHNSON	18	NEWPORT NEWS VA	26:16	8:28	
5	201	HANNAH HINNENKAMP	17	NEWPORT NEWS VA	26:37	8:34	
6	239	ALYX RIEBELING	17	NEWPORT NEWS VA	27:17	8:47	*
7	275	ISABELLE KEEGAN	18	NEWPORT NEWS VA	27:57	9:00	
8	343	LAURA CURRAN	18	NEWPORT NEWS VA	29:21	9:27	
9	427	PATRICIA LEE	18	NEWPORT NEWS VA	30:46	9:55	
10	468	JULIA FLORES	16	NORFOLK VA	31:29	10:08	
11	537	RACHEL ASKIN	19	YORKTOWN VA	33:05	10:39	
12	562	KRISTIN MLYNCZAK	18	YORKTOWN VA	33:41	10:51	
13	570	SARAH HENKE	19	BLACKSBURG VA	34:01	10:57	
14	632	ELIZABETH O'BRIEN	18	NEWPORT NEWS VA	35:28	11:25	
15	634	TORI O'BRIEN	16	NEWPORT NEWS VA	35:33	11:27	

16	680	MELISSA GOETZ	16	YORKTOWN VA	36:38	11:48	
17	690	HEATHER L HINTY	18	YORKTOWN VA	36:48	11:51	*
18	701	CAYLA DEMPSEY	17	CHESAPEAKE VA	36:59	11:55	
19	702	MEGHAN SULLIVAN	16	CHESAPEAKE VA	37:00	11:55	
20	742	ELIZABETH LAMARSH	18	YORKTOWN VA	38:20	12:21	
21	752	JACKIE FORTE	19	HAMPTON VA	38:50	12:30	
22	759	ANNA CAIT WADE	18	SUFFOLK VA	39:06	12:35	
23	761	CLARE LEVY	16	NEWPORT NEWS VA	39:08	12:36	
24	765	MEGHAN MADLER	17	NEWPORT NEWS VA	39:22	12:41	
25	789	VICTORIA WHITE	17	NEWPORT NEWS VA	40:27	13:01	
26	797	HEATHER E PURDY	16	LANGLEY AFB VA	40:51	13:09	
27	800	MAGGIE BOYLAN	17	SMITHFIELD VA	41:01	13:12	
28	804	ELIZABETH DEVEREUX	17	YORKTOWN VA	41:05	13:14	
29	908	MALLORY FLORES	17	NEWPORT NEWS VA	49:41	16:00	
30	911	ALEX WEIKEL	19	RADFORD VA	50:02	16:07	
31	916	MELODY STOWE	17	NORFOLK VA	50:20	16:12	
32	937	ANNE ROWE	16	YORKTOWN VA	52:17	16:50	
33	949	KATILIN MIDDLEBROOKS	18	VIRGINIA BEACH VA	52:45	16:59	
34	980	COURTNEY SATCHELL	16	NEWPORT NEWS VA	54:35	17:35	
35	1001	ELIZA CAMPBELL	16	GREAT FALLS VA	56:32	18:12	
36	1058	MARISSA VELAZQUEZ	19	YORKTOWN VA	1:01:58	19:57	
WOMEN: 20 - 24							
1	50	JENNIFER PITTMAN	24	SURRY VA	22:18	7:11	
2	72	NIA HARRISON	23	RICHMOND VA	23:10	7:28	*
3	75	BLYTHE FISCELLA	20	HANOVER NH	23:20	7:31	
4	91	ALISON WINGO	21	NEWPORT NEWS VA	24:03	7:45	*
5	104	SAMANTHA BRADY	23	YORKTOWN VA	24:16	7:49	
6	116	KATIE SULLIVAN	21	SMITHFIELD VA	24:34	7:55	
7	131	KATHRINE MLYNCZAK	20	YORKTOWN VA	24:58	8:02	
8	197	RAYNA REID	23	NEWPORT NEWS VA	26:33	8:33	
9	219	ASHLEIGH TYLER	22	YORKTOWN VA	26:58	8:41	
10	232	ALYSON JACOBS	24	NEWPORT NEWS VA	27:12	8:46	
11	250	COURTNEY PITTMAN	24	SMITHFIELD VA	27:27	8:50	
12	263	KELLY HENDERSON	24	NEWPORT NEWS VA	27:43	8:55	*
13	268	MARCELLA JOHNSON	21	NEWPORT NEWS VA	27:51	8:58	
14	274	KIMBERLY FISCELLA	20	HANOVER NH	27:56	9:00	
15	279	MONICA CORTRIGHT	24	SAN ANTONIO TX	28:00	9:01	
16	284	KELLI SEAL	23	HAMPTON VA	28:03	9:02	
17	294	GRACE BALL	20	NEWPORT NEWS VA	28:15	9:06	
18	301	LINDSEY ACCARDI	22	CARROLLTON VA	28:26	9:09	
19	307	KATELYN CHRISTEIN	21	YORKTOWN VA	28:31	9:11	
20	321	NHI NGUYEN	24	YORKTOWN VA	28:44	9:15	
21	341	SERENA MONTALVO	24	BLACKSBURG VA	29:18	9:26	
22	348	KATIE HUDSON	23	YORKTOWN VA	29:25	9:28	
23	385	KERRY DOUGLAS	23	YORKTOWN VA	29:59	9:39	
24	393	ALLY THORNTON	24	SEAFORD VA	30:04	9:41	
25	394	HEATHER DANIELS	24	DUTTON VA	30:04	9:41	
26	396	SUZANNE FLEMING	24	SMITHFIELD VA	30:06	9:42	
27	410	SERRA ANN BOLAND	23	GAINESVILLE FL	30:22	9:47	
28	455	KIMBERLY MILLS	22	YORKTOWN VA	31:15	10:04	
29	490	HELEN CRANE	23	WILLIAMSBURG VA	32:00	10:18	
30	518	KATIE GRESHAM	23	NEWPORT NEWS VA	32:48	10:34	
31	519	MEGAN NICKERSON	20	POQUOSON VA	32:53	10:36	
32	528	SAMANTHA WHITLOCK	22	HAMPTON VA	32:59	10:37	
33	532	JACLYN LANGDON	23	NEWPORT NEWS VA	33:02	10:38	
34	536	KATIE ELLIS	24	CARROLLTON VA	33:04	10:39	
35	539	MARIA LEBON	20	NORFOLK VA	33:06	10:40	
36	545	ELEANOR DORMIRE	24	HAMPTON VA	33:13	10:42	
37	546	ALEXA KARATSIKIS	22	YORKTOWN VA	33:16	10:43	
38	563	ELIZABETH CONLEY	21	YORKTOWN VA	33:43	10:52	

39	580	AMBER WORTHINGTON	21	GOLDSBORO NC	34:12	11:01
40	588	PRISCILLA JERNIGAN	24	HAMPTON VA	34:21	11:04
41	589	GRACE CORTRIGHT	21	VALLEJO CA	34:21	11:04
42	597	LIZZY CHRISTIAN	21	CARROLLTON VA	34:27	11:06
43	608	CHRISTINE GILES	24	HAMPTON VA	34:42	11:11
44	609	KARIN DAHL	22	NEWPORT NEWS VA	34:42	11:11
45	630	EVAN EMBLETON	20	NEWPORT NEWS VA	35:26	11:25
46	658	LAUREN HARRIS	21	NEWPORT NEWS VA	35:59	11:35
47	738	LESLEY SNYDER	23	YORKTOWN VA	38:12	12:18
48	741	JILL KAMMERER	20	WEST SAINT PAUL MN	38:17	12:20
49	744	MEGAN WOLMART	23	NEWPORT NEWS VA	38:25	12:22
50	775	MELISSA THIES	24	HAMPTON VA	39:48	12:49 *
51	791	RACHEL BOOTH	24	YORKTOWN VA	40:31	13:03
52	817	SARAH SHORT	21	NEWPORT NEWS VA	41:58	13:31
53	822	LINDSEY BARNARD	21	SEAFORD VA	42:20	13:38
54	843	ARIANA STOWE	20	NORFOLK VA	43:15	13:56
55	845	REBECCA REITH	24	NORFOLK VA	43:24	13:59
56	856	JAERON MANN	20	SUFFOLK VA	43:53	14:08
57	933	SABEINA FONVILLE	24	NEWPORT NEWS VA	51:49	16:41
58	936	JILLIAN BELOTE	21	NEWPORT NEWS VA	51:55	16:43
59	938	SARAH ROWE	22	YORKTOWN VA	52:17	16:50
60	941	VICTORIA ANDERSON	23	CHESAPEAKE VA	52:32	16:55
61	956	KATHERINE GASTON	22	NEWPORT NEWS VA	52:59	17:04
62	959	LAURA FORD	23	MIDLOTHIAN VA	53:05	17:06
63	1006	MCKENZIE HOGAN	20	NEWPORT NEWS VA	56:37	18:14
64	1025	LEE YOUKER	24	YORKTOWN VA	57:41	18:34
65	1073	SARAH YOUNG	23	YORKTOWN VA	1:02:51	20:14
66	1075	CARRIE ANDERS	21	RICHMOND VA	1:02:54	20:15
67	1076	HALEY TAPFER	21	YORKTOWN VA	1:03:36	20:29
WOMEN:		25 - 29				
1	164	REBECCA GWILT	27	ALEXANDRIA VA	25:42	8:17
2	183	ALICIA BURNS	29	MANASSAS PARK VA	26:18	8:28
3	186	KRYSTAL ALLBRITTON	29	YORKTOWN VA	26:21	8:29
4	210	MORGAN SCHUTZ	25	CHESAPEAKE VA	26:45	8:37
5	222	EVA MCEWEN	29	YORKTOWN VA	27:00	8:42
6	242	SANDRA STURDEVANT	28	CARROLLTON VA	27:21	8:49
7	251	STACEY PRIVIA	28	ROUND HILL VA	27:28	8:51
8	262	CHELSIE BRINKLEY	25	YORKTOWN VA	27:42	8:55
9	264	BRYNNE CERE	27	HAMPTON VA	27:44	8:56
10	265	ALICIA KASKELA	26	YORKTOWN VA	27:48	8:57
11	298	MELYSSA LALONDE	25	HAMPTON VA	28:18	9:07
12	302	ASHLEY JEFFERSON	26	NEWPORT NEWS VA	28:26	9:10
13	308	MARGARET CORTRIGHT	26	BALTIMORE MD	28:32	9:11
14	316	COURTNEY ROYALL	26	NEWPORT NEWS VA	28:36	9:13
15	350	KENDRA PERRY	29	NEWPORT NEWS VA	29:26	9:29
16	373	JULIA DIVITO	25	WINSTON-SALEM NC	29:51	9:37
17	397	TARA MURRAY	27	TOMS RIVER NJ	30:07	9:42
18	409	GINGER MYERS	28	GAINESVILLE FL	30:22	9:47
19	412	JENNIFER CLARK	27	FALLS CHURCH VA	30:24	9:47 *
20	416	JAMIE FOX	29	YORKTOWN VA	30:30	9:49
21	443	LAURA LAINE	29	NEWPORT NEWS VA	31:04	10:00
22	450	TATEM DAVIS	26	YORKTOWN VA	31:10	10:02
23	453	JENNIFER REGISTER	27	NEWPORT NEWS VA	31:14	10:04
24	463	KARISA HULIHAN	26	BEAVER FALLS PA	31:24	10:07
25	467	DOMINIQUE HAYES	25	NEWPORT NEWS VA	31:29	10:08
26	479	RUTH MORENO	25	NORFOLK VA	31:49	10:15
27	559	MIRI CALLAWAY	26	YORKTOWN VA	33:36	10:49
28	581	MARLA WILSON	29	HAMPTON VA	34:12	11:01
29	594	ELIZABETH TOLER	28	GRANTSBORO NC	34:23	11:04
30	601	ANDREA CIRACI	29	NEWPORT NEWS VA	34:31	11:07

31	612	KRISTI BRIDGES	29	NEWPORT NEWS VA	34:48	11:12
32	627	KIMBERLY KORICICH	25	HAMPTON VA	35:19	11:22
33	633	JESSICA SMITH	25	NEWPORT NEWS VA	35:28	11:25
34	660	MICHELLE PICARD	28	PORTSMOUTH VA	36:01	11:36
35	685	CRYSTAL MIDLIK	27	NEWPORT NEWS VA	36:41	11:49
36	704	STEPHANIE SNYDER	26	YORKTOWN VA	37:03	11:56
37	714	KATHRYN JOHNSON	26	GLOUCESTER VA	37:31	12:05
38	716	JESSIE WOLFE	28	HAMPTON VA	37:31	12:05
39	732	DECIMA WASHINGTON	28	PORTSMOUTH VA	38:03	12:15
40	736	KATE MCARTHUR	27	ARLINGTON VA	38:10	12:17
41	737	JENNIFER BOWEN	29	HAMPTON VA	38:10	12:17
42	753	JESSICA M THIES	27	HAMPTON VA	38:52	12:31 *
43	768	ELIZABETH PONGRATZ	27	NEWPORT NEWS VA	39:28	12:43
44	787	KIMBERLY KELLY	25	NORFOLK VA	40:23	13:00
45	795	MEGAN O'CONNOR	27	HAMPTON VA	40:42	13:06
46	809	VALERIE FOXX	28	NEWPORT NEWS VA	41:13	13:16
47	810	LAUREN SCARPELLI	28	NEWPORT NEWS VA	41:17	13:18
48	816	CATHERINE MALLET	29	PORTSMOUTH VA	41:48	13:27
49	835	MEG GRESHAM	26	NEWPORT NEWS VA	42:52	13:48
50	860	CHRISTINA REESE	27	SUFFOLK VA	44:13	14:14
51	863	SARA GRIFFITH	25	NEWPORT NEWS VA	44:28	14:19
52	865	SAMANTHA STEIN	28	GLEN ALLEN VA	44:53	14:27
53	872	CATHERINE SMITH	28	RICHMOND VA	45:22	14:37
54	892	KELLY HOLLOWAY	28	POQUOSON VA	48:05	15:29
55	900	MARILYN FONVILLE	28	NEWPORT NEWS VA	49:10	15:50
56	906	JENNIFER SUMMERS	29	SURRY VA	49:35	15:58
57	921	ASHLEY LAWSON	27	CHESAPEAKE VA	50:32	16:16
58	929	MELANIE POMERVILLE	25	HAMPTON VA	51:37	16:37
59	939	JENNA MOSER	26	SEAFORD VA	52:23	16:52
60	990	DENETRA KALINOWSKI	29	YORKTOWN VA	55:05	17:44
61	994	ASHLEY RUHL	28	SEAFORD VA	55:26	17:51
62	995	ROBIN NELSON	29	SUFFOLK VA	55:28	17:51
63	1012	CRYSTAL BRIDGES	27	NEWPORT NEWS VA	57:11	18:25
64	1024	DIANE YOUKER	26	BUFFALO NY	57:40	18:34
65	1032	LAURIE SNYDER	29	YORKTOWN VA	58:18	18:46
66	1063	KIMBERLY HAYS	28	CHARLESTON SC	1:02:12	20:02
67	1079	JENNIFER CHRISTOL	29	WILLIAMSBURG VA	1:05:06	20:58
68	1081	JENNA ALLEN	27	YORKTOWN VA	1:05:38	21:08

WOMEN: 30 - 34

1	43	AUDREY PERLOW	31	ARLINGTON VA	21:44	7:00
2	70	SARA R HIPPLE	34	PORTSMOUTH VA	23:06	7:26
3	117	STACY K MCCLINTOCK	31	NEWPORT NEWS VA	24:35	7:55
4	122	LESLIE DUTTON	32	CHARLOTTE NC	24:49	8:00
5	134	JESSICA FOLKES	32	KILL DEVIL HILLS N	25:08	8:06
6	166	BLAKELY POWELL	32	NEWPORT NEWS VA	25:44	8:17
7	220	PAMELA BRINKER	30	NEWPORT NEWS VA	26:59	8:41
8	235	ANSELM CORTRIGHT	31	VIRGINIA BEACH VA	27:14	8:46
9	277	RENEE BILODEAU	30	YORKTOWN VA	27:58	9:01
10	299	CHRISTINE KEENAN	30	CHESAPEAKE VA	28:21	9:08
11	309	REBECCA MONTALVO-WILLIAM	34	HAMPTON VA	28:32	9:11 *
12	311	ALEXIS CHAPPELL	32	NEWPORT NEWS VA	28:33	9:12
13	335	LAUREL HOBBS	32	NEWPORT NEWS VA	29:13	9:24
14	366	CHRISTINE ILARDI	30	HAMPTON VA	29:45	9:35
15	399	MORGAN BERRY	30	PETERSBURG VA	30:07	9:42
16	404	SARAH STOLLDORF	31	RICHMOND VA	30:15	9:45
17	405	MARIA MEADOR	30	FT EUSTIS VA	30:19	9:46
18	413	DANA TORRES	33	SEAFORD VA	30:25	9:48
19	432	FRAN DESHAZO-MOCK	31	HOPE MILLS NC	30:52	9:57
20	445	KRISTEN KLECHA	31	RALEIGH NC	31:07	10:01
21	465	ELIZABETH CORTRIGHT	33	WASHINGTON DC	31:26	10:07

22	469	STACEY OLSEN	31	HAMPTON VA	31:32	10:09
23	476	CARRIE MORELLI	33	HAMPTON VA	31:45	10:13
24	478	KRISTIN MANNING	32	NEWPORT NEWS VA	31:48	10:14
25	508	NICOLE SNIPES	32	RALEIGH NC	32:25	10:26
26	509	ASHLEIGH ANDREWS	31	CARROLLTON VA	32:26	10:27
27	517	BROOK PITTINGER	32	MECHANICSVILLE VA	32:46	10:33
28	552	ROBYN GILES	31	NEWPORT NEWS VA	33:23	10:45
29	554	TIFFANY MCARTHUR	30	CHARLOTTE NC	33:25	10:46
30	564	ERIN HANCOCK	32	ALEXANDRIA VA	33:49	10:53
31	568	STEPHANIE SHAW	31	NORFOLK VA	34:00	10:57
32	569	LINDSAY BERRY	34	VIRGINIA BEACH VA	34:00	10:57
33	571	ROXANNE JERNIGAN	31	GLOUCESTER POINT V	34:02	10:58
34	587	WHITNEY CATALDO	33	YORKTOWN VA	34:20	11:03
35	595	TIFFANY URBAN	30	NEWPORT NEWS VA	34:24	11:05 *
36	605	ANDREA CASANOVA	30	NEWPORT NEWS VA	34:41	11:10
37	618	STEPHANIE BARNES	34	SEAFORD VA	35:02	11:17
38	638	TARA TAYLOR	34	NEWPORT NEWS VA	35:40	11:29
39	678	TESHARA FELDER	32	NORFOLK VA	36:32	11:46
40	681	CARLA SEABORN	31	NEWPORT NEWS VA	36:39	11:48
41	682	APRIL KANE	30	AUSTIN TX	36:40	11:48
42	699	CHARONDA WILSON	34	AUTSIN TX	36:57	11:54
43	700	JENNIFER DUNCAN	34	AUTSIN TX	36:58	11:54
44	708	JULIE MCGOWAN	33	HAMPTON VA	37:19	12:01
45	715	ANGELA DRYDEN	32	YORKTOWN VA	37:31	12:05
46	745	CHRIS WADDELL	33	NEWPORT NEWS VA	38:31	12:24
47	756	JENNIFER HIPPLE	34	HAMPTON VA	39:03	12:34
48	763	SHANNON PARKER	30	RICHMOND VA	39:12	12:37
49	778	CHRISTINE WAGNER	30	DUMFRIES VA	39:56	12:52
50	779	CHRISTINA SMITH	32	CHICAGO IL	39:58	12:52
51	808	REAGAN DEWITT	34	HAMPTON VA	41:11	13:16
52	814	AIME CLINKENBEARD	33	NEWPORT NEWS VA	41:44	13:26
53	818	STEPHANIE GOMEZ	33	HAMPTON VA	41:58	13:31
54	828	CARRIE WILLIAMS	32	POQUOSON VA	42:33	13:42
55	832	KIMBERLY BOND	32	FOREST VA	42:46	13:46
56	838	KENDA PRICE	32	CARROLLTON VA	43:00	13:51
57	840	ELIZABETH MULLEY	31	RALEIGH NC	43:13	13:55
58	857	JAQUIYA TURNER	31	UNION CITY NJ	43:56	14:09
59	909	CASEY WILLIAMS	32	VIRGINIA BEACH VA	50:01	16:06
60	915	ERIN MAGEE	34	NEWPORT NEWS VA	50:16	16:11
61	919	JILLISA MILNER	33	MANASSAS VA	50:29	16:15
62	920	KATHERINE GIBBONS	34	HAMPTON VA	50:30	16:16
63	962	LIZ KENDALL	33	MARIETTA GA	53:15	17:09
64	964	DUSTYN CROCCO	31	NEWPORT NEWS VA	53:19	17:10
65	1004	HILLARY TAVELLI	31	NEWPORT NEWS VA	56:36	18:13
66	1011	JENNIFER PIERCE	30	NEWPORT NEWS VA	57:03	18:22
67	1013	BETSY FAWSETT	30	LORTON VA	57:12	18:25
68	1031	STACEY SNYDER	30	RESTON VA	58:14	18:45
69	1033	CAREY DEPIAZZY	31	NEWPORT NEWS VA	59:07	19:02
70	1048	HEATHER LACOMB	33	WILLIAMSBURG VA	1:00:18	19:25
WOMEN: 35 - 39						
1	96	KIMBERLY WILLIAMS	36	POQUOSON VA	24:07	7:46
2	144	CRYSTAL DAVENPORT	37	YORKTOWN VA	25:22	8:10 *
3	145	JEANNE D FIOCCA	39	YORKTOWN VA	25:23	8:11 *
4	165	SIBYL SMITH	37	POQUOSON VA	25:43	8:17
5	192	JESSICA POWERS	35	TX	26:28	8:31
6	261	JANNIE RADOVSKY	36	VIRGINIA BEACH VA	27:42	8:55
7	304	KELLI PAUL	39	NEWPORT NEWS VA	28:27	9:10
8	320	ROBY LONG	39	YORKTOWN VA	28:44	9:15
9	322	BRIANA MESEROLL	36	YORKTOWN VA	28:46	9:16
10	372	JENNIFER SLOCUM	38	NEWPORT NEWS VA	29:50	9:36

11	379	EVELYN STALLINGS	36	PORTSMOUTH VA	29:56	9:38	
12	392	CASSIE WILKINSON	36	NEWPORT NEWS VA	30:03	9:41	
13	426	ROBYN POE	37	NC	30:44	9:54	
14	430	ARLANA JORDAN	37	APO AE	30:49	9:55	
15	434	HOLLY SOUTHALL	38	FOREST VA	30:54	9:57	
16	438	JEN FICKLEN	39	YORKTOWN VA	30:57	9:58	*
17	440	DEBI WARREN	35	NEWPORT NEWS VA	31:02	10:00	
18	475	JENNIFER MILLER	38	NEWPORT NEWS VA	31:44	10:13	
19	482	JUDY MOORE	37	HAMPTON VA	31:51	10:16	
20	483	SHAWNA MAIO	39	YORKTOWN VA	31:52	10:16	
21	484	NING AGBAY	35	LANGLEY AFB VA	31:54	10:16	
22	492	JENNY SORRENTINO	39	YORKTOWN VA	32:02	10:19	
23	501	LORI GARDNER	37	FOREST VA	32:12	10:22	
24	522	LORI LANG	37	HAMPTON VA	32:56	10:36	
25	530	HEATHER ENGEL	36	NEWPORT NEWS VA	33:01	10:38	
26	535	NANCY HSU	37	RICHMOND VA	33:03	10:39	
27	540	ROBIN PRICE	38	HAMPTON VA	33:07	10:40	
28	549	CARTER LOWERY	37	WILLIAMSBURG VA	33:22	10:45	
29	566	RUTH SHIELDS	39	CANANDAIDUA NY	33:54	10:55	
30	572	DEENIE LANE	39	YORKTOWN VA	34:03	10:58	*
31	591	MONICA DOUGHERTY	38	LONDON ENGLAND GB	34:22	11:04	
32	593	CAROLYN HELMICK	37	SOUTH RIDING VA	34:23	11:04	
33	611	HEATHER GAUTHIER	38	POQUOSON VA	34:47	11:12	
34	628	STEPHANIE LANNING	36	HAMPTON VA	35:22	11:23	*
35	644	JESSICAH HEGEMAN	36	NEWPORT NEWS VA	35:46	11:31	
36	650	JENNIFER THOMAS	37	LORTON VA	35:51	11:33	
37	656	JANET ADAMS	38	YORKTOWN VA	35:58	11:35	
38	662	K CHIQUITA ALFORD	35	NEWPORT NEWS VA	36:11	11:39	
39	667	MELANIE DUN MOODIE	36	CANANDAIDUA NY	36:14	11:40	
40	684	CHRIS S CUTLER	35	HAMPTON VA	36:41	11:49	
41	706	HEATHER MILLAR	35	RICHMOND VA	37:11	11:59	
42	721	KAREN CIOTTA	37	NEWPORT NEWS VA	37:43	12:09	
43	767	ELIZABETH YUSI	36	NORFOLK VA	39:26	12:42	
44	785	KRISTA WETZLER	37	HAMPTON VA	40:20	12:59	
45	790	CHELSEA DEGNAN	39	NEWPORT NEWS VA	40:30	13:02	
46	823	TREVA NITZSCHNER	39	YORKTOWN VA	42:22	13:38	
47	830	ANGELA SUMMERLIN	38	CARROLLTON VA	42:35	13:43	
48	833	JENNIFER MONTGOMERY	39	WALDORF MD	42:48	13:47	
49	836	JENNIFER HALL	36	GLOUCESTER POINT V	42:52	13:48	
50	862	CINDY J GARRETT	39	NEWPORT NEWS VA	44:28	14:19	
51	864	DANA HENDRIX	37	ROCKY MOUNT NC	44:31	14:20	
52	888	JENNIFER TURNAGE	36	NEWPORT NEWS VA	46:48	15:04	
53	940	JENNIFER MCCORMICK	35	NEWPORT NEWS VA	52:29	16:54	*
54	946	CATHY DEBERRY	36	NEWPORT NEWS VA	52:43	16:58	
55	952	CATHERINE SKRZYPINSKI	35	NEWPORT NEWS VA	52:53	17:02	
56	958	CARLA MCLAUHLIN	37	HAMPTON VA	53:04	17:05	
57	963	CHRISTY WALKER	36	MORRISVILLE NC	53:19	17:10	
58	971	KRISTIN SGAMBELLURI	37	NEWPORT NEWS VA	53:45	17:18	
59	983	STEPHANIE SMITH	37	YORKTOWN VA	54:46	17:38	
60	988	KAREN BEAN	38	NEWPORT NEWS MD	55:01	17:43	
61	1010	KATHERINE FOWLE	35	OCEAN CITY MD	57:01	18:21	
62	1027	MELISSA BUCCI	37	TABB VA	58:05	18:42	
63	1043	CARRIE HARPER	39	SMITHFIELD VA	59:46	19:14	
64	1067	JANE FRAZER	36	ALEXANDRIA VA	1:02:31	20:08	
WOMEN: 40 - 44							
1	55	KIM RATCLIFFE	44	YORKTOWN VA	22:28	7:14	*
2	61	SHARON JENKINS	40	YORKTOWN VA	22:39	7:18	
3	108	LISA MURAS	40	FAIRFAX VA	24:23	7:51	
4	121	BELINDA ELMORE	44	SC	24:46	7:59	
5	159	JENNIFER CORNETTE	40	NEWPORT NEWS VA	25:39	8:16	

6	199	HEIDI ANNE MESMER	42	BLACKSBURG VA	26:36	8:34	
7	207	LIZ BRADFORD	41	YORKTOWN VA	26:41	8:36	*
8	215	NICOLE MCADAMS	41	CHESAPEAKE VA	26:53	8:40	
9	241	JULIE DYE	42	YORKTOWN VA	27:20	8:48	
10	246	SAMANTHA MAHLER	40	NEWPORT NEWS VA	27:24	8:50	
11	276	PAMELA O'STEEN	44	KILL DEVIL HILLS N	27:57	9:00	
12	280	DAWN CARPER	40	HAMPTON VA	28:01	9:01	
13	329	DAWN MATTHEWS	42	YORKTOWN VA	28:58	9:20	
14	338	LORI CHANEY	41	WILLIAMSBURG VA	29:15	9:25	
15	345	JENNIFER WARD	41	POQUOSON VA	29:23	9:28	
16	356	MICHELLE CALLAN	44	CHESAPEAKE VA	29:41	9:33	
17	363	LIU VESELY	42	HOPEWELL JCT NY	29:44	9:34	
18	369	KELLY ASHLEY	43	NEWPORT NEWS VA	29:47	9:35	
19	377	LAURA HIGDON	43	YORKTOWN VA	29:55	9:38	
20	395	MARY O'BRYAN	44	NEWPORT NEWS VA	30:06	9:42	
21	431	RENEA ACREE	44	SMITHFIELD VA	30:50	9:56	
22	456	JENNIFER SAN JUAN	44	CHESAPEAKE VA	31:15	10:04	
23	459	CLES HITE	42	FREDERICK MD	31:19	10:05	
24	471	BEVERLY H ASHLEY	42	SEAFORD VA	31:40	10:12	
25	494	KRISTA BEACH	40	CERNTERVILLE VA	32:03	10:19	
26	520	DEEDEE LOTT	40	CRAMERTON NC	32:54	10:36	
27	533	KATIE ELLINGTON	40	NEWPORT NEWS VA	33:03	10:38	
28	558	LAURA KETTERMAN	40	HAMPTON VA	33:36	10:49	*
29	578	MICHELLE DEAN	44	POQUOSON VA	34:08	11:00	
30	584	MICHELLE MILLER	42	YORKTOWN VA	34:16	11:02	
31	590	ELLEN MCALLISTER	40	HAMPTON VA	34:22	11:04	
32	606	DAWN PURDY	44	LANGLEY AFB VA	34:41	11:10	
33	613	ROBIN GRICOL	44	ZUNI VA	34:48	11:12	
34	646	MELISSA SUTTON	44	PROVIDENCE FORGE V	35:48	11:32	
35	691	AMY CHRISTIAN	40	FL	36:48	11:51	
36	696	VALERIE BUTCHER	42	NEWPORT NEWS VA	36:53	11:53	
37	710	DIANA ROGERS	42	NEWPORT NEWS VA	37:28	12:04	
38	711	KATHY WISNESKI	40	MARIETTA GA	37:29	12:04	
39	713	MELANIE WHITE	42	NEWPORT NEWS VA	37:31	12:05	
40	726	SONJA ASHBURY	43	PORTSMOUTH VA	37:50	12:11	
41	731	JOANNE CORK	43	HAMPTON VA	38:02	12:15	
42	734	SHEILA M NASER	44	YORKTOWN VA	38:08	12:17	
43	784	MARGARET KEPPEL	42	CHARLOTTESVILLE VA	40:12	12:57	
44	807	COURTNEY AMOS	40	YORKTOWN VA	41:10	13:15	
45	812	BARBARA BODENSTEIN	40	YORKTOWN VA	41:28	13:21	*
46	815	SUE GILDEA	44	ASHTON PA	41:46	13:27	
47	826	MARY GRASSELL	44	HAMPTON VA	42:28	13:41	
48	846	KIMBERLY WADE	41	SUFFOLK VA	43:26	13:59	
49	854	SUZANNE KLEKAR	43	YORKTOWN VA	43:49	14:07	
50	867	TAMMY MEYER	44	NEWPORT NEWS VA	44:56	14:28	
51	869	ORIDINIA GARRETT	43	HAMPTON VA	45:06	14:31	
52	871	BECKY RIEBELING	43	NEWPORT NEWS VA	45:12	14:33	*
53	898	DAWN RAMIREZ	42	NEWPORT NEWS VA	48:45	15:42	
54	899	LORI PALAGYI	44	SUFFOLK VA	49:03	15:48	
55	902	ANNE BURNS	40	HAMPTON VA	49:18	15:52	
56	910	ANITA WEIKEL	44	NEWPORT NEWS VA	50:02	16:06	
57	926	NATALIE WITTE	42	YORKTOWN VA	51:24	16:33	
58	970	ELIZABETH FITZGERALD	40	NEWPORT NEWS VA	53:37	17:16	
59	974	SHELLY SIMONDS	44	NEWPORT NEWS VA	53:55	17:22	
60	1017	KERRY MIDDLEBROOKS	44	VIRGINIA BEACH VA	57:29	18:30	
61	1021	VICKIE COLLAROS	40	POQUOSON VA	57:35	18:32	
62	1040	VALERIE HANSFORD	41	HAYES VA	59:35	19:11	
63	1050	SHERYL SMITH	41	YORKTOWN VA	1:00:23	19:26	
64	1077	MARY BUNDE	43	NEWPORT NEWS VA	1:03:37	20:29	

WOMEN: 45 - 49



1	54 ELLEN ENOCH	45 YORKTOWN VA	22:27	7:14	
2	90 LUCY CHARLES	47 YORKTOWN VA	24:01	7:44	
3	119 CHERYL LAGER	46 NEWPORT NEWS VA	24:41	7:57	*
4	176 JEAN M TROUTMAN	48 WILLIAMSBURG VA	26:12	8:26	*
5	194 MEDY COOK	45 YORKTOWN VA	26:29	8:32	
6	198 WENDY BANTON	46 HAMPTON VA	26:33	8:33	
7	255 LORI MELLE	49 NEWPORT NEWS VA	27:32	8:52	
8	269 JERI HUGHES	47 KILL DEVIL HILLS N	27:52	8:59	
9	330 NANCY AYLER	47 NEWPORT NEWS VA	28:58	9:20	*
10	346 STEPHANIE DOUGLAS	46 SUFFOLK VA	29:24	9:28	*
11	384 KIMBERLY CLORE	47 YORKTOWN VA	29:59	9:39	
12	391 MARCIE SAGIAO	48 HAMPTON VA	30:02	9:40	*
13	402 KATHERINE BRUNDAGE	46 IN	30:10	9:43	
14	435 AMY NICKOL	45 YORKTOWN VA	30:55	9:57	
15	460 RENCY YEATTS	45 SUFFOLK VA	31:21	10:06	
16	466 DIANE LEIGHTON	46 HAMPTON VA	31:27	10:08	
17	495 BECKY CROONS	48 HAMPTON VA	32:04	10:19	
18	506 KRIS MONTGOMERY	46 HAMPTON VA	32:24	10:26	
19	547 KELLIE O'BRIEN	47 NEWPORT NEWS VA	33:20	10:44	
20	553 KIM MCLAMB	45 YORKTOWN VA	33:24	10:45	
21	555 VALERIE BOWEN	49 HAMPTON VA	33:25	10:46	
22	556 LISA SCHUELER	48 YORKTOWN VA	33:27	10:46	
23	557 MONA MCLAURIN	48 HAMPTON VA	33:31	10:48	
24	596 PILAR YBARRA	46 RALEIGH NC	34:24	11:05	
25	617 KARYN BUCKLEY	45 MIDLOTHIAN VA	35:01	11:17	
26	621 BECKY WALTZ	49 NEWPORT NEWS VA	35:04	11:18	
27	622 MELANIE WOODS	49 NEWPORT NEWS VA	35:06	11:18	
28	623 DANA CANNELLA	47 POQUOSON VA	35:09	11:19	*
29	636 JANNINE GOETZ	47 SMITHFIELD VA	35:36	11:28	
30	653 KAREN LAINE	45 KENNESAW GA	35:54	11:34	
31	655 DEANNA HILL	49 NEWPORT NEWS VA	35:58	11:35	
32	712 SUE HOPPE	49 YORKTOWN VA	37:30	12:04	
33	719 KIM L FLINT	47 YORKTOWN VA	37:42	12:08	*
34	728 ROBIN PRICE	45 DURHAM NC	37:52	12:12	
35	730 SHARON BOCHMAN	48 POQUOSON VA	38:01	12:14	
36	743 MARGO LAMARSH	48 YORKTOWN VA	38:23	12:22	
37	755 MICHELE BURK	47 CARROLLTON VA	39:02	12:34	
38	760 ROBIN LEVY	47 NEWPORT NEWS VA	39:06	12:36	
39	766 MERLENE MALLORY	49 HAMPTON VA	39:25	12:42	
40	777 KAREN EMBLETON	48 NEWPORT NEWS VA	39:54	12:51	
41	782 MARY BROWN	47 NEWPORT NEWS VA	40:02	12:54	
42	783 MICHELLE NORTHWAY	49 NEWPORT NEWS VA	40:03	12:54	
43	805 RACHELLE WOODRUFF-KELSO	46 YORKTOWN VA	41:07	13:14	
44	851 HEIDI BLAIR	45 CHESTERFIELD VA	43:39	14:03	
45	859 CLAIRE LITTLEFIELD	49 SMITHFIELD VA	44:08	14:13	
46	861 KIMBERLY HOLLAND	48 YORKTOWN VA	44:17	14:16	
47	882 NANCY WROTEN	47 SEAFORD VA	46:15	14:53	
48	883 JUDI A MCCORMICK	48 YORKTOWN VA	46:19	14:55	
49	884 KAREN MEEKS	45 HAMPTON VA	46:29	14:58	
50	886 LYNNE HINNENKAMP	47 NEWPORT NEWS VA	46:30	14:58	
51	907 SUZETTE JONES	47 NORFOLK VA	49:40	16:00	
52	917 KAREN STOWE	48 NORFOLK VA	50:21	16:13	
53	944 KELLY SAULS	48 NEWPORT NEWS VA	52:40	16:58	
54	948 KATHLEEN SMITH	49 NEWPORT NEWS VA	52:44	16:59	
55	979 MARY ANNE MOREAU	47 NEWPORT NEWS VA	54:12	17:27	
56	992 RUTH LOWERY	48 SPRINGFIELD VA	55:23	17:50	
57	1018 TAMMY VASQUEZ	46 VIRGINIA BEACH VA	57:31	18:31	
58	1020 JEANETTE KING	47 HAMPTON VA	57:34	18:32	
59	1035 RYAN SMITH	48 NEWPORT NEWS VA	59:19	19:06	
60	1038 DEBBIE ROBBINS	47 POQUOSON VA	59:27	19:08	

61	1051	MICHELE GRIFFITH	47	NEWPORT NEWS VA	1:00:24	19:27	
62	1057	TAMARA WOODRUFF	48	YORKTOWN VA	1:01:11	19:42	
WOMEN:		50 - 54					
1	160	JANET KNIGHT	54	POQUOSON VA	25:40	8:16	
2	161	ELIZABETH O'NEIL	52	NEWPORT NEWS VA	25:40	8:16	*
3	223	CINDY SLOMINSKI	53	SEAFORD VA	27:03	8:43	*
4	359	SUSAN WOLF	51	NEWPORT NEWS VA	29:42	9:34	
5	388	G DEREN	50	NEWPORT NEWS VA	30:01	9:40	
6	425	LAURA JO SULLIVAN	52	SMITHFIELD VA	30:44	9:54	
7	447	NADINE ROREM-NS	53	WHEATON IL	31:08	10:01	
8	449	CHRIS REID	50	NEWPORT NEWS VA	31:09	10:02	
9	470	ELIZABETH ROWE	53	YORKTOWN VA	31:34	10:10	
10	485	FREDA ROSSO	50	HAMPTON VA	31:54	10:17	
11	486	DANIELLE HUNDLEY	51	NEWPORT NEWS VA	31:55	10:17	*
12	504	AGGIE CRINER	52	YORKTOWN VA	32:22	10:25	
13	515	KELLY JOHNSON	52	SMITHFIELD VA	32:38	10:30	
14	582	BETH BURRUS	53	NEWPORT NEWS VA	34:13	11:01	
15	615	BARBARA MCKEE	54	NEWPORT NEWS VA	34:57	11:15	
16	648	CAROLE INGELL	50	NEWPORT NEWS VA	35:49	11:32	
17	649	VICKI BEACH	50	VA	35:50	11:32	
18	652	BONITA VARNEYLACHANCE	50	VIRGINIA BEACH VA	35:54	11:34	
19	663	ESTELLE FONVILLE	52	NEWPORT NEWS VA	36:12	11:39	
20	676	DEANA CANTWELL	52	NEWPORT NEWS VA	36:30	11:45	
21	686	CHARLABETH RIVEBARK	52	NEWPORT NEWS VA	36:42	11:49	
22	698	LYN DOUGLAS	53	YORKTOWN VA	36:56	11:54	
23	718	PATRICIA DEVEREUX	51	YORKTOWN VA	37:39	12:08	
24	819	SANDRA ROBERSON	50	NEWPORT NEWS VA	42:10	13:35	
25	841	TERRI WAGNER	50	YORKTOWN VA	43:14	13:55	
26	874	NANCY ROLLA	54	HAMPTON VA	45:35	14:40	
27	880	KIM CARSON	51	NEWPORT NEWS VA	46:01	14:49	
28	891	JANE JONES	53	NEWPORT NEWS VA	47:43	15:22	
29	935	VIRGINIA GILES	52	HAMPTON VA	51:50	16:41	
30	961	REBECCA MONTGOMERY	51	NEWPORT NEWS VA	53:13	17:08	
31	976	DONNA KELLER	50	NEWPORT NEWS VA	54:02	17:24	
32	981	KATHEY TAPFER	53	YORKTOWN VA	54:36	17:35	
33	982	PAM THOMAS	50	NEWPORT NEWS VA	54:46	17:38	
34	987	TERESA FREMAUX	51	NEWPORT NEWS VA	55:00	17:43	*
35	991	KELLY LAWRENCE	51	HAMPTON VA	55:22	17:50	
36	1022	ROBIN CLEMENTS	51	NEWPORT NEWS VA	57:38	18:33	
37	1041	CAROLYN MURRAY	51	NJ	59:36	19:11	
38	1045	LISA PEREY	51	POQUOSON VA	59:58	19:18	
39	1078	BETH YOUNG	53	YORKTOWN VA	1:03:52	20:34	
40	1080	CHRISTINE WICKHAM	50	ROANOKE VA	1:05:37	21:07	
WOMEN:		55 - 59					
1	442	CHRISTINE PITTMAN	55	YORKTOWN VA	31:03	10:00	
2	462	CAROL ALEXANDER	56	ATLANTA GA	31:23	10:06	
3	524	KATHY THORNTON	57	SEAFORD VA	32:57	10:37	
4	544	DOTTIE HUMPHREY	59	NEWPORT NEWS VA	33:13	10:42	*
5	625	SUZANNE CHRISTEIN	55	YORKTOWN VA	35:13	11:21	
6	635	CYNTHIA BRINKER	57	NEWPORT NEWS VA	35:35	11:27	
7	639	MICHELE L GROVE	56	YORKTOWN VA	35:40	11:29	*
8	754	NITA MCGUIRE	58	NEWPORT NEWS VA	38:58	12:33	*
9	811	ELIZABETH LAWSON	55	CHESAPEAKE VA	41:27	13:21	
10	821	NANCY CORNWELL	56	NEWPORT NEWS VA	42:19	13:38	
11	831	SUSAN SNYDER	58	YORKTOWN VA	42:39	13:44	
12	837	CHERYL NELSON-BARNARD	59	SEAFORD VA	42:53	13:48	
13	853	MARY FLAHERTY-NOBILE	58	POQUOSON VA	43:49	14:06	
14	858	VICKI COOPER	56	YORKTOWN VA	44:02	14:11	
15	896	JUNE HUGHES	56	GLOUCESTER VA	48:41	15:40	*
16	931	DENISE MCCOY	56	LARGO FL	51:43	16:39	

17	955	MARY ANN SMITH	59	NEWPORT NEWS VA	52:58	17:03
18	1014	KATHY WACHENDORF	58	SUFFOLK VA	57:13	18:25
19	1029	NORA BALL	55	SEAFORD VA	58:08	18:43
WOMEN: 60 - 64						
1	349	DONNA CHRISTOL	64	YORKTOWN VA	29:25	9:28 *
2	526	JANE ABBOTT	64	HAMPTON VA	32:58	10:37
3	629	LYNNE ROADARMEL	62	YORKTOWN VA	35:24	11:24
4	693	JUDY DEVEREUX	62	YORKTOWN VA	36:50	11:52
5	694	KATHERINE LONG	62	NEWPORT NEWS VA	36:50	11:52
6	729	LEE LAINE	62	NEWPORT NEWS VA	37:58	12:13
7	769	KATHLEEN AMES	62	HAMPTON VA	39:29	12:43
8	792	PATRICIA CORK	64	CARROLTON VA	40:31	13:03 *
9	842	KATHERINE DAVIS	61	HAMPTON VA	43:15	13:56
10	885	JOANNE ZUKERMAN	63	NEWPORT NEWS VA	46:30	14:58
11	934	BONNIE HERRING	62	NEWPORT NEWS VA	51:50	16:41
12	950	BECKY MAGEE	64	NEWPORT NEWS VA	52:49	17:00
13	951	MARYLOU MAIMONE	60	NEWPORT NEWS VA	52:50	17:00
14	960	CINDY FORD	60	MIDLOTHIAN VA	53:08	17:06
15	1008	ILONA PAGE	62	NEWPORT NEWS VA	56:38	18:14
16	1009	MARY LEWIS	61	NEWPORT NEWS VA	57:00	18:21
17	1016	MARTHA KATZ-HYMAN	63	NEWPORT NEWS VA	57:15	18:26
18	1028	DIANE DEBORD	61	SEAFORD VA	58:06	18:42
19	1064	LINDA HAYS	62	YORKTOWN VA	1:02:15	20:03
WOMEN: 65 - 69						
1	603	ELAINE CARWELL	65	YORKTOWN VA	34:37	11:09
2	827	BOBBIE KNOX	65	WILLIAMSBURG MA	42:29	13:41
3	870	ENID MILNER	66	YORKTOWN VA	45:09	14:32
4	932	THELMA PANKOKE	66	POQUOSON VA	51:45	16:40
5	975	MNICKEY SIMONDS	69	OH	53:57	17:22
6	1034	ANDRIEA PATTON	67	NEWPORT NEWS VA	59:12	19:04
7	1037	GRACE SIVERTSON	66	POQUOSON VA	59:25	19:08
8	1066	WANDA RAY	69	YORKTOWN VA	1:02:30	20:07
WOMEN: 70 AND OVER						
1	993	JULIA LOWERY	74	NEWPORT NEWS VA	55:24	17:50
2	1023	JOANN POUNDER	70	NEWPORT NEWS VA	57:39	18:34
3	1036	GINNY SMITH	72	ASHBURN VA	59:19	19:06
4	1052	ROBERTA GRIFFITH	71	HAMPTON VA	1:00:25	19:27
5	1070	JOYCE BELOTE	76	NEWPORT NEWS VA	1:02:35	20:09

WHEELCHAIR RACERS

\* denotes PTC member