

2012 SENTARA NEW YEAR'S DAY 5K
for the benefit of the American Cancer Society in Memory of Denise Suits
Coliseum Central, Sentara Careplex Fitness Center, Hampton, VA
New Year's Day, Sunday, January 1, 2012 11:00 AM
A PENINSULA TRACK CLUB EVENT

OVERALL MEN

1	1 DYLAN SYDNOR	16 YORKTOWN VA	17:05	5:30
2	2 TODD KESSLER	29 NEWPORT NEWS VA	17:39	5:41
3	3 ROBERT LINDERMANN	24 YORKTOWN VA	17:40	5:41

OVERALL WOMEN

1	6 KAREN TERRY	23 NEWPORT NEWS VA	18:45	6:02
2	20 JESSICA ARMSTRONG	16 NEWPORT NEWS VA	21:38	6:58
3	24 KIM RATCLIFFE	44 YORKTOWN VA	22:25	7:13 *

MEN: 9 AND UNDER

1	71 DJ GUTHINGER	9 YORKTOWN VA	27:09	8:45
2	112 GRAYSON PHILLIPS	9 NEWPORT NEWS VA	30:49	9:55
3	219 WILLIAM JACKSON	9 HAMPTON VA	47:24	15:16

MEN: 10 - 14

1	30 SAM HOULE	14 YORKTOWN VA	23:09	7:27
2	36 CORBIN ARMSTRONG	14 POQUOSON VA	23:28	7:34
3	37 CHRIS SANDERS	13 YORKTOWN VA	23:31	7:34
4	43 CONNOR SHAPIRO	13 NEWPORT NEWS VA	24:20	7:50
5	69 HUNTER MCMANUS	13 YORKTOWN VA	26:52	8:39
6	154 ALEX HIGDON	12 YORKTOWN VA	35:10	11:20
7	164 BEN ATTEBERRY	12 HAMPTON VA	36:13	11:40 *
8	180 JOSH HIGDON	11 YORKTOWN VA	38:26	12:23

MEN: 15 - 18

1	27 ZACHARIAH GUION	15 HAMPTON VA	22:46	7:20
2	41 JEFFREY GRABOWSKI	18 YORKTOWN VA	23:43	7:38
3	78 TYLER SANDERS	16 YORKTOWN VA	27:27	8:51 *
4	106 MATTHEW ATTEBERRY	16 HAMPTON VA	30:20	9:46 *
5	113 NIGEL ARMSTRONG	16 POQUOSON VA	30:50	9:56
6	151 DOMINIC BECOUVARKIS	16 POQUOSON VA	35:02	11:17 *
7	169 JALEN EDWARDS	18 HAMPTON VA	37:03	11:56

MEN: 19 - 24

1	4 THOMAS M GOUNLEY	21 NEWPORT NEWS VA	18:00	5:48
2	8 ALEX BECOUVARKIS	20 POQUOSON VA	19:12	6:11 *
3	13 ZACH L FRANCE	22 YORKTOWN VA	20:40	6:39
4	15 ERICH BUSS	21 YORKTOWN VA	21:02	6:47
5	16 KEVIN BUSS	19 YORKTOWN VA	21:09	6:49 *
6	44 BRIAN R FRIES	23 NEWPORT NEWS VA	24:22	7:51
7	68 PAUL FEAGAN	19 HAMPTON VA	26:52	8:39 *
8	83 ADETOKUNBOH AFONJA	20 HAMPTON VA	28:07	9:03

MEN: 25 - 29

1	7 RYAN DOUPE	25 NEWPORT NEWS VA	18:48	6:04 *
2	19 BRYAN GOLDSMITH	26 HAMPTON VA	21:25	6:54
3	42 BENJI FITTS	29 LOUISA VA	24:08	7:46
4	81 DIEGO SEGOVIA	26 NEWPORT NEWS VA	28:02	9:02
5	86 EVANS LAURIEN	28 NEWPORT NEWS VA	28:47	9:16
6	108 STEVE SCHAD	27 YORKTOWN VA	30:26	9:48

MEN: 30 - 34

1	23 JEFF PERSSON	34 HAMPTON VA	22:23	7:13
2	26 STEPHEN MILLER	32 HAMPTON VA	22:44	7:19
3	35 MICHAEL OLDFORD	32 NEWPORT NEWS VA	23:27	7:33

4	107	DAVID SEGOVIA	33	VIRGINIA BEACH VA	30:21	9:46
5	120	ANDREW TURNER	33	HAMPTON VA	31:11	10:03
6	158	JAY VEITZ	31	HAMPTON VA	35:18	11:22
MEN: 35 - 39						
1	5	DOUGLAS MARSHALL	37	MATHEWS VA	18:09	5:51
2	12	CARTER FICKLEN	37	YORKTOWN VA	20:17	6:32 *
3	17	ALAN DAWKINS	36	HAMPTON VA	21:22	6:53
4	22	JOEY SMITH	39	YORKTOWN VA	22:18	7:11
5	92	BRIAN KETTERMAN	39	HAMPTON VA	29:10	9:24 *
6	104	ALBERT BALINGIT	37	NEWPORT NEWS VA	29:57	9:39
7	168	MARRO BREWINGTON	36	HAMPTON VA	37:02	11:55
MEN: 40 - 44						
1	34	RICK DAVENPORT	41	YORKTOWN VA	23:26	7:33 *
2	39	KEVIN GATES	40	HAMPTON VA	23:38	7:37
3	46	ERIC BROWN	40	HAMPTON VA	24:26	7:52
4	49	TOM HOULE	43	YORKTOWN VA	24:53	8:01
5	62	TODD LANNING	42	HAMPTON VA	26:01	8:23 *
6	65	THOMAS SULLIVAN	42	NEWPORT NEWS VA	26:34	8:33 *
7	77	DENNIS GUTHINGER	40	YORKTOWN VA	27:26	8:50
8	87	ANTHONY JONES	44	HAMPTON VA	28:53	9:18
9	90	WADE BRASHIER	44	HAMPTON VA	29:04	9:22 *
10	91	THOMAS O'BRYAN	41	GRAFTON VA	29:09	9:23 *
11	115	NATHAN PHILLIPS	41	NEWPORT NEWS VA	30:59	9:59
12	137	EARL MILLIGAN	40	YORKTOWN VA	33:13	10:42
13	139	RON SIMS	41	YORKTOWN VA	33:28	10:47
14	145	ALFRED STONE	43	NEWPORT NEWS VA	34:03	10:58
15	152	KENNETH FERGUSON	42	HAMPTON VA	35:07	11:19
16	206	TED ROLLINS	41	SUFFOLK VA	44:09	14:13
17	245	JANSEN BUTLER	43	SUFFOLK VA	52:09	16:48
MEN: 45 - 49						
1	9	GEORGE FISCELLA	49	NEWPORT NEWS VA	19:14	6:12 *
2	18	DAN BUTLER	48	NEWPORT NEWS VA	21:24	6:54
3	38	CHARLES LUCY	47	YORKTOWN VA	23:32	7:35 *
4	45	BRIAN BURKE	47	CARROLLTON VA	24:24	7:51
5	60	TIM L RAINES	49	YORKTOWN VA	25:48	8:19
6	79	JEFF ARMSTRONG	47	NEWPORT NEWS VA	27:45	8:56
7	88	ORIEN GALLOP	47	HAMPTON VA	29:01	9:21
8	129	KEVIN ARMSTRONG	47	POQUOSON VA	31:53	10:16
9	160	WILLIAM ERNST	48	HAMPTON VA	35:33	11:27
10	174	BRAD GARDNER	48	YORKTOWN VA	37:51	12:11
11	244	BILL LAMARSH	48	YORKTOWN VA	51:58	16:44
12	261	WILLIAM HAYES	47	YORKTOWN VA	58:41	18:54
MEN: 50 - 54						
1	10	BOB ANAYA	53	YORKTOWN VA	19:25	6:15
2	14	CHRISTOPHER DAVIDSON	50	NEWPORT NEWS VA	20:48	6:42
3	21	KEVIN CUNNINGHAM	50	GRAFTON VA	21:43	7:00 *
4	25	ALAN VAN ZANDT	50	NEWPORT NEWS VA	22:26	7:14 *
5	28	CHUCK BREINER	51	HAMPTON VA	22:48	7:21
6	29	JAMES BRADLEY	51	YORKTOWN VA	22:51	7:22
7	33	ED RIETSCHA	51	YORKTOWN VA	23:25	7:33 *
8	53	STEVEN MEYERSON	52	YORKTOWN VA	25:18	8:09
9	57	GENE PARSONS	51	HAMPTON VA	25:42	8:17 *
10	59	TIM BECOUVARKIS	51	POQUOSON VA	25:45	8:18 *
11	63	CHIP QUINN	53	HAMPTON VA	26:16	8:28
12	73	ROSS MUGLER	50	HAMPTON VA	27:18	8:48
13	84	ROBERT FRIES	54	NEWPORT NEWS VA	28:15	9:06
14	93	ED CHU	50	YORKTOWN VA	29:11	9:24

15	99	HARRISON JOHNSON	54	HAMPTON VA	29:35	9:32
16	117	JOHN C OLSON	52	YORKTOWN VA	31:01	9:59 *
17	138	RICHARD NEVILLE	53	POQUOSON VA	33:23	10:45
18	141	STEPHEN BUSS	52	YORKTOWN VA	33:44	10:52 *
19	163	CHARLES BAKER	52	POQUOSON VA	36:00	11:36
20	171	LOUIS ATTEBERRY	50	HAMPTON VA	37:15	12:00 *
21	198	LARRY JONES	50	HAMPTON VA	41:29	13:22
22	207	JUAN CRUZ	51	NEWPORT NEWS VA	44:59	14:29
23	251	GARY EVANS	53	HAMPTON VA	53:33	17:15
MEN: 55 - 59						
1	56	RONALD SMITH	55	HAMPTON VA	25:39	8:16
2	72	DONALD ROWE	55	YORKTOWN VA	27:16	8:47
3	80	SKIP COLE	55	POQUOSON VA	27:56	9:00
4	98	KEMP WILLIAMS	56	HAMPTON VA	29:27	9:29
5	146	WALTON BOLGER	58	YORKTOWN VA	34:07	10:59 *
6	170	MICHAEL TURNER	57	NEWPORT NEWS VA	37:11	11:58
7	183	BOB CURTIN JR	59	HAMPTON VA	38:58	12:33 *
8	195	CARL WILLIAMSON	56	HAMPTON VA	41:14	13:17
9	203	MICHAEL SHAPIRO	55	NEWPORT NEWS VA	43:16	13:56
10	224	MIKE MANNEN	55	HAMPTON VA	48:24	15:35
MEN: 60 - 64						
1	11	RICK PLATT	61	WILLIAMSBURG VA	20:15	6:31 *
2	32	JOSEPH L VERDIRAME	62	SUFFOLK VA	23:23	7:32 *
3	51	EDGAR J RANGEL	62	NEWPORT NEWS VA	25:01	8:04 *
4	58	JIMMY C BLOUNT	61	WILLIAMSBURG VA	25:45	8:18 *
5	64	WILLIAM DIEHL	61	YORKTOWN VA	26:27	8:31
6	70	ANDREW MEDVEC	61	HAMPTON VA	27:04	8:43 *
7	118	KEITH BUTLER	64	CHESAPEAKE VA	31:03	10:00
8	172	GARY M SMITH	61	NORFOLK VA	37:15	12:00
9	176	ALLAN HUMPHREY	64	NEWPORT NEWS VA	38:00	12:14
10	216	WALTER HALE	64	HAMPTON VA	46:38	15:01
11	227	CLIFFORD PARKER	63	YORKTOWN VA	48:35	15:39
12	240	WYNN HANCOCK	62	HAMPTON VA	50:42	16:19
13	255	NOEL TALCOTT	60	POQUOSON VA	53:36	17:16
MEN: 65 - 69						
1	54	ED Z OLIPHANT	66	GLOUCESTER VA	25:28	8:12
2	175	RAYMOND B YOH	65	NEWPORT NEWS VA	37:57	12:13
3	247	BOB COLLINS	69	HAMPTON VA	53:23	17:11
MEN: 70 - 74						
1	31	ROBERT H WRIGHT	70	HAMPTON VA	23:21	7:31 *
2	165	KEN BUTLER	72	HAMPTON VA	36:17	11:41
3	248	E DAVID HOROR	74	POQUOSON VA	53:23	17:11
MEN: 75 AND OVER						
1	82	JOHN ESSERY	75	WILLIAMSBURG VA	28:03	9:02
2	254	GEORGE NELLOS	75	POQUOSON VA	53:35	17:15
MEN: Age Unknown						
1	259	DANIEL SEGOVIA	99	PATASKALA OH	57:51	18:38
WOMEN: 9 AND UNDER						
1	209	MILAN BREWINGTON	5	HAMPTON VA	45:17	14:35
2	213	IRIS LIMON-DUPARCMEUR	9	POQUOSON VA	45:36	14:41
WOMEN: 10 - 14						
1	105	NATALIE PFAHL	10	HAMPTON VA	30:18	9:45
2	221	MARIEKE LIMON-DUPARCMEUR	10	POQUOSON VA	47:39	15:21
3	260	ASHLEY HAYES	11	YORKTOWN VA	57:51	18:38
WOMEN: 15 - 18						
1	52	SARA DIMELAR	17	CARROLLTON VA	25:11	8:07

2	67	LEXY PARSONS	16	HAMPTON VA	26:46	8:37	*
3	192	ELIZABETH LAMARSH	18	YORKTOWN VA	40:39	13:05	
4	218	SHANTELL BUTLER	18	SUFFOLK VA	47:07	15:10	
5	243	KATHY LAMARSH	16	YORKTOWN VA	51:58	16:44	
WOMEN: 19 - 24							
1	76	KATLIN POTTS	23	YORKTOWN VA	27:24	8:49	
2	200	LAKEISHA BUTLER	24	SUFFOLK VA	42:30	13:41	
WOMEN: 25 - 29							
1	47	LOUISA WIMBERLEY	27	WOODBIDGE VA	24:30	7:54	
2	119	JESSICA SCHAD	25	YORKTOWN VA	31:04	10:00	
3	130	HAZEL EBALO	28	NEWPORT NEWS VA	31:56	10:17	
4	135	LARRY SEGOVIA	28	NEWPORT NEWS VA	32:59	10:37	
5	156	JENNIFER BOWEN	29	HAMPTON VA	35:15	11:21	
6	241	LAUREN DAUGHTRY	28	HAMPTON VA	50:43	16:20	
WOMEN: 30 - 34							
1	74	LINDSAY DENFORD	30	NEWPORT NEWS VA	27:19	8:48	
2	94	JENNIFER PRESLAR	33	HAMPTON VA	29:12	9:24	
3	102	JENNIFER TAYLOR	32	SUFFOLK VA	29:52	9:37	
4	109	JENNIFER FITZPATRICK	34	HAMPTON VA	30:27	9:48	
5	121	KATIE TURNER	31	HAMPTON VA	31:12	10:03	
6	124	ASHLEY GUIDA	31	NEWPORT NEWS VA	31:36	10:11	
7	131	MOLLY SUBASIC	31	NEWPORT NEWS VA	32:00	10:18	
8	150	KAREN SMITH	34	NEWPORT NEWS VA	34:55	11:15	*
9	153	MICHELLE VEITZ	30	HAMPTON VA	35:09	11:19	
10	155	SHANNON WALKER	31	FORT WASHINGTON MD	35:11	11:20	
11	167	ERIN HANCOCK	32	ALEXANDRIA VA	36:49	11:51	
12	178	COURTNEY BALINGIT	30	NEWPORT NEWS VA	38:20	12:21	
13	185	CHRISTIAN CROSS	30	NEWPORT NEWS VA	39:25	12:42	
14	220	JENNIFER GOLDSMITH	30	HAMPTON VA	47:35	15:19	
15	228	FANNY LIMON-DUPARCMEUR	34	POQUOSON VA	48:40	15:40	
16	232	SHAREENA BOND	33	HAMPTON VA	48:54	15:45	*
17	233	LARENDA RIDLEY	33	HAMPTON VA	48:54	15:45	
18	257	ABIGAIL DUNCAN	31	YORKTOWN VA	57:45	18:36	
WOMEN: 35 - 39							
1	61	CRYSTAL DAVENPORT	37	YORKTOWN VA	26:00	8:23	*
2	96	JUDY MOORE	37	HAMPTON VA	29:15	9:25	*
3	103	CATHERINE TODD	37	YORKTOWN VA	29:56	9:38	*
4	111	NATALIA POTTER	36	NORFOLK VA	30:39	9:52	
5	122	TERESA BOYD	37	HAMPTON VA	31:15	10:04	
6	128	RENITHA A IRVIN	35	HAMPTON VA	31:47	10:14	
7	142	STEPHANIE LANNING	36	HAMPTON VA	33:47	10:53	*
8	149	KAREN HASTINGS	38	HAMPTON VA	34:30	11:07	*
9	159	FRANCINE LAFALCE	36	YORKTOWN VA	35:24	11:24	
10	166	DANA NICHOLSON	39	NEWPORT NEWS VA	36:30	11:45	
11	173	JULIE ARMSTRONG	39	POQUOSON VA	37:27	12:04	
12	184	LISA CARROLL	39	NEWPORT NEWS VA	39:19	12:40	
13	197	TIFFANY SMITH	36	NEWPORT NEWS VA	41:29	13:21	
14	211	ARNA M MAJCHER	35	POQUOSON VA	45:30	14:39	*
15	215	BRANDAI WILLS	39	NEWPORT NEWS VA	46:25	14:57	
16	235	MARIA RIEGGER	35	HAMPTON VA	49:58	16:05	
17	236	LANETTE KELLY	36	HAMPTON VA	50:02	16:07	
18	263	MARYBETH HAYES	37	YORKTOWN VA	1:00:10	19:22	
WOMEN: 40 - 44							
1	75	LAURA HIGDON	43	YORKTOWN VA	27:24	8:49	
2	114	TRACEY ATTEBERRY	41	HAMPTON VA	30:54	9:57	*
3	126	WENDY SMITH	43	HAMPTON VA	31:45	10:13	
4	132	LAURA KETTERMAN	41	HAMPTON VA	32:02	10:19	*

5	148	KIM PASQUINO	44	SUFFOLK VA	34:27	11:06	
6	177	ARNICE JOHNSON	43	HAMPTON VA	38:10	12:17	
7	205	MELISSA ROLLINS	44	SUFFOLK VA	44:08	14:13	
8	210	MARLEITA EDWARDS	40	HAMPTON VA	45:25	14:37	
9	229	ROSEMARIE WEST	44	POQUOSON VA	48:41	15:41	
10	238	PATSY BUTLER	44	SUFFOLK VA	50:29	16:15	
WOMEN:		45 - 49					
1	40	CHRISTINE SCHAFFNER	48	YORKTOWN VA	23:43	7:38	*
2	48	AMANDA DEVERICH	45	WILLIAMSBURG VA	24:43	7:58	
3	55	DONNA SANDERS	47	YORKTOWN VA	25:36	8:15	*
4	66	SANDRA BUSS	49	YORKTOWN VA	26:38	8:35	*
5	89	KAREN SISLER	48	YORKTOWN VA	29:03	9:21	
6	116	HEIDI OLSON	46	YORKTOWN VA	31:01	9:59	*
7	123	DONNA SCHERRER	47	HAMPTON VA	31:24	10:07	
8	127	LOUISE HYATT	46	YORKTOWN VA	31:46	10:14	
9	161	SONYA BRADLEY	45	NEWPORT NEWS VA	35:47	11:31	
10	193	MARGO LAMARSH	48	YORKTOWN VA	40:39	13:06	
11	196	MICHELE BURK	47	CARROLLTON VA	41:25	13:20	
12	214	KRISTINA ERNST	45	HAMPTON VA	46:19	14:55	
13	217	WANDA CLARKE	47	HAMPTON VA	47:00	15:08	
14	223	SHIRL MAHONEY	46	YORKTOWN VA	48:12	15:31	
WOMEN:		50 - 54					
1	85	JANETTA BOLGER	53	YORKTOWN VA	28:31	9:11	*
2	95	ELIZABETH ROWE	53	YORKTOWN VA	29:13	9:24	
3	97	SUSAN CARZOO	54	NEWPORT NEWS VA	29:23	9:28	
4	101	SHERRY NEIGHBORS	51	POQUOSON VA	29:39	9:33	
5	110	ROBIN LAND	50	SMITHFIELD VA	30:34	9:51	*
6	125	FREDA ROSSO	50	HAMPTON VA	31:37	10:11	
7	133	LINDA M ANAYA	52	YORKTOWN VA	32:19	10:24	
8	143	VALERIE CUNNINGHAM	50	GRAFTON VA	33:48	10:53	*
9	162	JOAN BAKER	53	POQUOSON VA	35:59	11:35	
10	187	PENNY MELVIN	50	NORFOLK VA	39:40	12:46	
11	194	EVELYN HINSON	52	NEWPORT NEWS VA	41:01	13:13	
12	204	JACKIE SHAPIRO	52	NEWPORT NEWS VA	43:30	14:00	
13	208	SYLVIA WATFORD	53	HAMPTON VA	45:05	14:31	
14	222	DONNA CHAPMAN	50	HAMPTON VA	47:46	15:23	*
15	226	NANCY MASON	52	NEWPORT NEWS VA	48:35	15:38	
16	231	JANICE MANNEN	52	HAMPTON VA	48:45	15:42	
17	250	DARLA HURLOCK	53	HAMPTON VA	53:31	17:14	
WOMEN:		55 - 59					
1	134	CAROLYN DELEO	55	NEWPORT NEWS VA	32:42	10:32	
2	136	SYLVIA BALMER	55	HAMPTON VA	33:09	10:41	
3	147	DOTTIE HUMPHREY	59	NEWPORT NEWS VA	34:22	11:04	*
4	186	TERESA DALE	56	HAMPTON VA	39:35	12:45	
5	188	DONNA FOLEY	55	YORKTOWN VA	39:40	12:47	
6	189	NITA MCGUIRE	58	NEWPORT NEWS VA	40:01	12:53	*
7	199	TRACY WOOD	57	NEWPORT NEWS VA	41:36	13:24	
8	201	DEBORAH HAND	58	NEWPORT NEWS VA	42:39	13:44	
9	225	NAOMI EATON	57	POQUOSON VA	48:32	15:38	
10	230	PAMELA DAVIS	55	POQUOSON VA	48:42	15:41	
11	237	KAREN JAMES	57	PORTSMOUTH VA	50:02	16:07	
12	256	BETH TURNER	57	NEWPORT NEWS VA	54:26	17:31	
WOMEN:		60 - 64					
1	100	BRENDA C MITCHELL	61	WILLIAMSBURG VA	29:36	9:32	*
2	179	JULIE HALE	61	HAMPTON VA	38:23	12:22	
3	181	RITA COOK	60	NEWPORT NEWS VA	38:47	12:29	
4	182	LADONNA FINCH	60	NEWPORT NEWS VA	38:48	12:30	

5	190 ELIZABETH DIEHL	62 YORKTOWN VA	40:12	12:57
6	212 BUNNY MAJCHER	64 WILLIAMSBURG VA	45:31	14:39 *
7	234 PATSY ROLLINS	63 SUFFOLK VA	49:39	15:59
8	239 VIVIAN DAUGHTRY	63 HAMPTON VA	50:41	16:19
9	249 MARGARET EVANS	63 HAMPTON VA	53:31	17:14
10	252 NANCY TALCOTT	63 POQUOSON VA	53:34	17:15
11	253 JOANNE NELLOS	64 POQUOSON VA	53:34	17:15
12	262 CHERI SUBASIC	61 NEWPORT NEWS VA	1:00:02	19:20
WOMEN:	65 - 69			
1	140 ROBIN JORLETT	68 NEWPORT NEWS VA	33:29	10:47 *
2	144 CHIPS HALLEY	67 GRAFTON VA	34:01	10:57 *
3	191 CHERYL GRESHAM	65 HAMPTON VA	40:18	12:59
4	202 JUDITH OPPENHEIM	65 COLORADO SPRINGS C	42:57	13:50
WOMEN:	70 - 74			
1	50 JOAN COVEN	70 WEST POINT VA	24:59	8:03
2	242 SUSAN GARDNER	71 POQUOSON VA	51:13	16:30
3	246 ALICE CALLAHAN	72 HAMPTON VA	52:38	16:57
WOMEN:	75 AND OVER			
	NONE			
WOMEN:	Age Unknown			
1	157 LAUREN STROYECK	99 VIRGINIA BEACH VA	35:17	11:22
2	258 DESTINY SEGOVIA	99 PATASKALA OH	57:46	18:36

* denotes PTC member