



St. Kateri's Run/Walk with the Son for Haiti 5K

Saturday, December 7, 2013 ■ Tabb, Virginia



Presenting Sponsor



Starting Time and Place

8:30 a.m. St. Kateri Tekakwitha Catholic Church
3800 Big Bethel Road, Tabb, VA 23693
Race Day Registration: 7:30-8:15 a.m

Course

5K run through Running Man subdivision, adjacent to church

Entry

\$21 (pre-registration postmarked by November 24, 2013)
\$28 (postmarked after November 24, 2013 and race day)

Make checks payable to: Mail entry and payment to:
St. Kateri Nancy Martino
19 Lee Avenue
Poquoson, VA 23662

Online Entry registration is also available at raceit.com
Go to: <https://www.raceit.com/register/?event=22431>

No PTC race passes accepted at this event. No refunds, exchanges or transfers. Race held rain, snow or shine. Runners and walkers are welcome.

Awards

5K Men and Women: Top 3 overall, top 3 masters (40 yrs. plus), and top 3 in age groups (8 and <, 9-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over)

Walkers: Top Finishers Men and Women (3 each)

No official times after 45 minutes from start of race.

Finish line results and race support provided by the Peninsula Track Club.

Race Information

Judy Townsend, Race Director
(757) 876-2417 e-mail: judy.townsend@verizon.net
www.stkaterirun.com www.peninsula-trackclub.com

Directions

From the East: Take the Magruder Blvd. exit off I-64 (Exit 262B) and follow it to the corner of Big Bethel Road and make a right. Church is half mile on the right.

From the West: Take I-64 East to Exit 256B (Victory Blvd.) towards Poquoson. Continue on Victory Blvd. to the intersection of Big Bethel Road. Turn right on Big Bethel Road. Church is half mile on the left.

ENTRY FORM

St. Kateri's Run/Walk with the Son for Haiti 5K

Please check one: Runner Walker

First Name *(please print)* _____ MI _____ Last Name: _____

Street Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____ e-mail _____

Age on Race Day _____ Date of Birth ____/____/____ Gender: M F PTC Member: Y N Technical T-shirt size: S M L XL

Runners Agreement Waiver, Release & Acknowledgment

All runners are required to sign the waiver below. Registrations that are not signed will not be processed.

I know that running a road race is a potentially hazardous activity. I should not enter a run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather, including, high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the York County, Peninsula Track Club, St. Kateri Tekakwitha Catholic Church, Road Runners Club of America, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. This is a road race conducted under the rules of RRCA and USAF; it is not intended for individuals with headphones, baby strollers, dogs on leashes, skateboards, skates or rollerblades.

Signature of Runner _____ Date _____

Signature of parent/guardian if runner is under 18 _____ Date _____