

23rd ANNUAL COAST GUARD DAY 5K  
 U.S. Coast Guard Training Center, Yorktown, VA  
 Saturday, August 6, 2011 8:30 AM  
 A PENINSULA TRACK CLUB GRAND PRIX EVENT

OVERALL MEN

1	1	JACK J LITTLE	17	YORKTOWN VA	17:16	5:34
2	2	J R CRUZ	31	YORKTOWN VA	17:26	5:37 *
3	3	STEPHEN J CHANTRY JR	18	WILLIAMSBURG VA	17:33	5:39 *

OVERALL WOMEN

1	16	TAYLOR FALVEY	18	YORK PA	20:37	6:38
2	39	SHEILA A SCOTTI	27	NEWPORT NEWS VA	22:35	7:16
3	44	JUSTINA ROWE	13	YORKTOWN VA	22:46	7:20

MEN: 14 AND UNDER

1	68	NATHAN E FLORENCE	14	WILLIAMSBURG VA	24:24	7:52
2	88	STEPHEN MARSHALL	12	HAMPTON VA	25:17	8:09
3	110	ALEX MARR	14	GLOUCESTER VA	26:02	8:23
4	146	SHANE TOLENTINO	13	VIRGINIA BEACH VA	27:49	8:57
5	181	BORDEN HAYES	14	YORKTOWN VA	29:34	9:31
6	196	KALAN HURDLE	12	CHESAPEAKE VA	30:48	9:55
7	200	KENDRIC HURDLE	11	CHESAPEAKE VA	31:06	10:01
8	201	CHRIS T JAMES	8	WILLIAMSBURG VA	31:13	10:03
9	231	TRISTAN A RICE	14	PA	34:21	11:04
10	268	THOMAS LOPEZ	12	YORKTOWN VA	39:01	12:34

MEN: 15 - 19

1	6	IAN VAN DER HOVEN	19	YORKTOWN VA	18:35	5:59 *
2	19	AARON KRAMER	16	YORKTOWN VA	21:11	6:49
3	25	BRIAN MCMANUS	15	WILLIAMSBURG VA	21:38	6:58
4	109	ZACARIA NASER	17	YORKTOWN VA	26:01	8:23
5	130	ROBERT RHODES	17	SUFFOLK VA	27:01	8:42
6	164	JOSHUA LEE	18	YORKTOWN VA	28:40	9:14
7	175	CARL MARKHAM	19	YORKTOWN VA	29:17	9:26
8	292	AUSTIN M GUINDON	15	GLOUCESTER VA	44:18	14:16

MEN: 20 - 24

1	7	SAMUEL MATHES	23	YORKTOWN VA	19:06	6:09
2	9	IAN MCGEE	22	YORKTOWN VA	19:35	6:19
3	12	JOSHUA T THOMAS	21	NEWPORT NEWS VA	19:56	6:25 *
4	32	MICHAEL J SHERVIN	23	YORKTOWN VA	22:14	7:10
5	36	CARY H MIDDLEBROOK	24	WILLIAMSBURG VA	22:22	7:12
6	60	ANTHONY J VELLOZA	21	YORKTOWN VA	23:59	7:43
7	64	ANTHONY F CONDURSO	22	LINCOLN PARK NJ	24:10	7:47
8	87	COLIN PUGH	23	WILLIAMSBURG VA	25:13	8:07
9	97	JUSTIN T COOK	21	YORKTOWN VA	25:44	8:17
10	99	CHRISTOPHER RIVIERE	22	THIBODAUX LA	25:48	8:19
11	101	JOHN KOVACH	23	MERIDEN CT	25:50	8:19
12	122	DEREK R SAUNDERS	24	YORKTOWN VA	26:33	8:33
13	168	K C VEACH	20	YORKTOWN VA	28:58	9:20

MEN: 25 - 29

1	10	RYAN DOUPE	25	NEWPORT NEWS VA	19:36	6:19 *
2	18	CHRISTOPHER CRANDALL	26	ALLEN PARK MI	21:05	6:48
3	21	KYLE J GRAEBER	27	CHERRY HILL NJ	21:24	6:54
4	29	MARTIN SCHMIDHEINY	29	YORKTOWN VA	21:53	7:03
5	33	GEOFF ALBE	25	CORAL SPRINGS FL	22:15	7:10
6	57	GARRETT O'HARA	26	NORFOLK VA	23:29	7:34
7	77	MICHAEL N GLADU	27	FLANDERS NY	24:52	8:01
8	83	DANIEL BOOHER	28	HAMPTON VA	25:05	8:05

9	107	JONATHAN WILLIAMS	27	YORKTOWN VA	25:57	8:21
10	133	JEFFREY PACE	28	WOODBIDGE VA	27:10	8:45
11	141	BRANDON E LUM	27	ELK GROVE CA	27:26	8:50
12	143	ADAM WILKIE	27	NEWPORT NEWS VA	27:29	8:51
13	198	CHRIS BARFIELD	27	KNIGHTDALE NC	31:05	10:01
14	203	SHAWN MIDDLEBROOK	27	WILLIAMSBURG VA	31:16	10:04
15	220	ADAM J VANDERWIJST	26	MARTINSBURG WV	32:19	10:24
16	259	BRIAN CURRY	27	HAMPTON VA	37:39	12:07
17	274	CLINTON SEELEY	27	NEWPORT NEWS VA	40:32	13:03
18	284	DANIEL B SURLES	26	JACKSONVILLE FL	43:23	13:58
19	286	JOHN DOOLEY	27	NEWPORT NEWS VA	43:49	14:07
MEN: 30 - 34						
1	11	EDWYNN COLLINS	30	NEWPORT NEWS VA	19:55	6:25 *
2	24	ROBERT GRAY	33	YORKTOWN VA	21:35	6:57
3	43	THOMAS A HOUSTON	33	BROOKLYN NY	22:43	7:19
4	56	RICHARD NEMCHIK III	33	FT EUSTIS VA	23:28	7:34
5	75	CHRISTIAN ROESKE	33	WILLIAMSBURG VA	24:48	7:59
6	76	WILLIAM PATTERSON	30	NEWPORT NEWS VA	24:50	8:00
7	79	JONATHAN BERNHARDT	32	YORKTOWN VA	24:56	8:02
8	86	ANDREW R SCHMITT	31	WILLIAMSBURG VA	25:12	8:07
9	89	ARRIYAN PEAGLER	33	NEWPORT NEWS VA	25:19	8:09
10	93	MICHAEL OLDFORD	32	NEWPORT NEWS VA	25:26	8:12
11	178	JIM BRENDEL	31	WILLIAMSBURG VA	29:22	9:28
12	224	JASON J SCHULTZ	32	NEWPORT NEWS VA	32:51	10:35
13	243	ZACHARY KING	34	HOYT KS	35:43	11:30
14	250	CHRISTIAN APPELEGETT	34	NEWPORT NEWS VA	36:46	11:51
15	252	SYTAURI Q DONALD	33	VA	36:57	11:54
16	282	ANGELA SPENCE	32	VA	42:46	13:46
MEN: 35 - 39						
1	14	JAMES L WHITTENTON	37	YORKTOWN VA	20:09	6:30
2	15	JOEL FENLASON	37	YORKTOWN VA	20:16	6:32
3	27	TIM HAWS	38	WILLIAMSBURG VA	21:50	7:02
4	37	PETER WOLF	39	NEWPORT NEWS VA	22:25	7:13 *
5	38	CHRISTOPHER ALLEN	35	YORKTOWN VA	22:30	7:15
6	41	SCOTT WEISIGER	36	HAMPTON VA	22:41	7:18
7	54	KRIS L DUKE	38	VIRGINIA BEACH VA	23:26	7:33
8	108	WAYNE C LEFEBVRE	37	PORTSMOUTH VA	26:00	8:22
9	119	ROBERT STAUB	35	NEWPORT NEWS VA	26:28	8:31
10	136	DAVID PEARSON	39	TOANO VA	27:12	8:46
11	138	JEFFREY LUTHER	37	NEWPORT NEWS VA	27:16	8:47
12	140	STEVE SHAW	39	RICHMOND VA	27:22	8:49
13	157	DAVID GROGAN	35	PAPILLION NE	28:27	9:10
14	162	TRAVIS SHEPPARD	37	WILLIAMSBURG VA	28:34	9:12
15	192	TRAVIS SANDERS	36	HAMPTON VA	30:28	9:49
16	239	DAVID ULLRICH	36	GATESVILLE MD	35:18	11:22 *
17	271	TODD A HALL	39	HAMPTON VA	39:30	12:43
18	276	CRIS BARACK	39	CARROLLTON VA	41:29	13:21
19	290	JOEY SMITH	39	YORKTOWN VA	43:58	14:10
MEN: 40 - 44						
1	5	JACK LOVETT	41	NEWPORT NEWS VA	18:13	5:52
2	28	MARK A PEARSON	44	SALUDA VA	21:51	7:02
3	31	CARLOS RIVERA	42	YORKTOWN VA	22:07	7:08
4	42	ATHAN KRAMER	43	YORKTOWN VA	22:42	7:19
5	50	CHRIS T ROBINSON	44	TOANO VA	23:12	7:28
6	81	JASON ROBINS	43	GLOUCESTER VA	24:58	8:03
7	84	JONATHAN KEYES	41	WILLIAMSBURG VA	25:08	8:06
8	105	RICK DAVENPORT	40	YORKTOWN VA	25:54	8:21 *

9	116	MIKE D GOOD	41	YORKTOWN VA	26:25	8:31
10	121	TODD LANNING	41	HAMPTON VA	26:30	8:32 *
11	124	GERALD KANE	42	NEWPORT NEWS VA	26:43	8:36
12	128	LUIS ANDINO	43	WILLIAMSBURG VA	26:58	8:41
13	152	DANIEL POWELL	44	NEWPORT NEWS VA	28:03	9:02
14	180	BRUCE HURDLE	42	CHESAPEAKE VA	29:31	9:30
15	202	CHRISTOPHER JAMES	43	WILLIAMSBURG VA	31:14	10:03
16	204	JOHN ROBERTS	41	MECHANICSVILLE VA	31:20	10:05
17	214	GARY RAUCHFUSS	44	WILLIAMSBURG VA	32:00	10:18
18	222	IAN FINLEY	40	VIRGINIA BEACH VA	32:44	10:33
MEN: 45 - 49						
1	13	MARK G HOLLINGSWORTH	49	HAMPTON VA	20:05	6:28 *
2	46	DAVID BENSON	46	NEW MARTINSVILLE W	22:53	7:22
3	63	MARK YATES	46	SMITHFIELD VA	24:07	7:46
4	74	STEVE KOHNERT	49	HAMPTON VA	24:47	7:59 *
5	96	ZACHARY S FLORENCE	46	WILLIAMSBURG VA	25:38	8:15
6	117	BILL CARROLL	49	YORKTOWN VA	26:26	8:31
7	127	EL MARCELO RONE	47	YORKTOWN VA	26:53	8:40
8	163	MICHAEL ANGELO	47	POQUOSON VA	28:35	9:12 *
9	174	ZEKE ANDRE	45	YORKTOWN VA	29:16	9:26 *
10	206	CHUCK ASKIN	49	YORKTOWN VA	31:29	10:08
11	246	KELLY HAYES	49	YORKTOWN VA	35:59	11:35
12	278	HANS LAGESCHULTE	45	HAMPTON VA	41:57	13:30
13	299	FREDDY KOGEL	45	YORKTOWN VA	46:23	14:56
MEN: 50 - 54						
1	8	ROBERT M ANAYA	53	YORKTOWN VA	19:17	6:13
2	17	TERRY MCMANUS	50	WILLIAMSBURG VA	20:48	6:42
3	22	BART JOHNSON	53	NEWPORT NEWS VA	21:25	6:54 *
4	26	ANDREW R D'AMICO	50	NEWPORT NEWS VA	21:42	6:59 *
5	30	DEAN WEWETZER	52	NEWPORT NEWS VA	21:56	7:04 *
6	35	TOM MEREE	53	POQUOSON VA	22:21	7:12
7	45	KEVIN CUNNINGHAM	50	GRAFTON VA	22:51	7:22 *
8	55	DAVID J SMITH	54	TAPPAHANNOCK VA	23:27	7:33
9	70	MARK TOMINAGA	52	YORKTOWN VA	24:28	7:53
10	72	MARTY TOMASEK	50	LANEXA VA	24:33	7:55
11	80	CECIL SALYER	54	PORTSMOUTH VA	24:57	8:02
12	82	ED RIETSCHA	50	YORKTOWN VA	25:01	8:04 *
13	95	MIKE PREZIOSO	50	WILLIAMSBURG VA	25:33	8:14 *
14	102	WILLIAM MILNE	54	YORKTOWN VA	25:50	8:19
15	106	JOHN F BROOKS	54	YORKTOWN VA	25:55	8:21
16	113	SCOTT WOLTERS	51	YORKTOWN VA	26:21	8:29
17	155	DAVID LEWIS	53	GLOUCESTER POINT V	28:14	9:06
18	171	MARTIN R LOW	51	COLLEGEVILLE PA	29:07	9:23
19	205	GERARDO LOPEZ	53	YORKTOWN VA	31:25	10:07
20	253	JOHN K LITTLE	53	YORKTOWN VA	37:03	11:56
21	270	MILLS CROSLAND	50	WINSTON-SALEM NC	39:18	12:39
MEN: 55 - 59						
1	4	STEPHEN J CHANTRY	56	WILLIAMSBURG VA	18:06	5:50 *
2	23	JOEL E HOFFSMITH	57	PALMYRA PA	21:33	6:56
3	34	BARRY L HUGHES	57	GLOUCESTER VA	22:16	7:10 *
4	47	MICHAEL SOBERICK	56	HAYES VA	23:04	7:26
5	58	STEVE LONG	57	WILLIAMSBURG VA	23:45	7:39
6	65	EUGENE THIES	57	HAMPTON VA	24:11	7:48 *
7	66	CHARLES MCGEE	56	YORKTOWN VA	24:14	7:48
8	78	RUBEN A NIEVES	58	NEWPORT NEWS VA	24:53	8:01
9	92	GEORGE W NELSEN	56	NEWPORT NEWS VA	25:24	8:11 *
10	94	BENJAMIN R POTTS	56	NORFOLK VA	25:27	8:12 *

11	123	AL A MONTALVO	56	YORKTOWN VA	26:39	8:35	*
12	134	BRUCE LALONDE	58	PORTSMOUTH VA	27:10	8:45	
13	149	WILLIAM DUNGAN JR	55	VIRGINIA BEACH VA	27:56	9:00	
14	158	WILLIAM T HODGES	58	YORKTOWN VA	28:29	9:10	*
15	187	ROBERT D JONES	56	YORKTOWN VA	30:01	9:40	*
16	190	DONALD C OVERTON	55	YORKTOWN VA	30:04	9:41	
17	197	WALTER W FLINT	55	GLOUCESTER VA	30:59	9:59	*
18	207	EDWARD KERCADO	58	EATONTON GA	31:36	10:11	
19	210	DAVID GORWITZ	56	YORKTOWN VA	31:47	10:14	
20	215	RONALD W ZAPERACH	59	VIRGINIA BEACH VA	32:11	10:22	
21	229	JOHN R GALLO	55	NEWPORT NEWS VA	33:47	10:53	*
MEN: 60 - 64							
1	20	RICK PLATT	61	WILLIAMSBURG VA	21:11	6:50	*
2	40	GEORGE CARRIGAN	62	WILLIAMSBURG VA	22:37	7:17	
3	67	EDGAR J RANGEL	62	NEWPORT NEWS VA	24:21	7:51	*
4	91	JIMMY C BLOUNT	60	WILLIAMSBURG VA	25:22	8:10	*
5	144	WILLIAM CHADIM	64	MIDLOTHIAN VA	27:29	8:51	
6	165	ANDREW MEDVEC	61	HAMPTON VA	28:48	9:16	*
7	255	GEORGE A NIXON	60	MARTINEZ GA	37:17	12:00	
8	291	GROVE A CALVERT	64	VIRGINIA BEACH VA	44:12	14:14	*
MEN: 65 AND OVER							
1	48	WINSTON COLLINS SR	70	NEWPORT NEWS VA	23:05	7:26	*
2	98	LARRY ARATA	66	WILLIAMSBURG VA	25:46	8:18	*
3	150	ED Z OLIPHANT	65	GLOUCESTER VA	27:58	9:00	
4	154	CALVIN M HANRAHAN	67	EDENTON NC	28:12	9:05	*
5	183	ROBERT A WHITE	69	SEAFORD VA	29:36	9:32	
6	199	LARRY TURNER	68	SEAFORD VA	31:06	10:01	*
7	238	EARL ARWOOD	70	NEWPORT NEWS VA	35:17	11:22	
8	240	JIM HALLEY	66	GRAFTON VA	35:24	11:24	*
9	257	JAMES P SHARP	69	NORTH VA	37:33	12:06	
10	266	PAUL O SHARP	70	NORTH VA	38:21	12:21	*
11	300	JOHN A CORK	66	CARROLLTON VA	47:39	15:21	*
12	308	JOE BUSSEY	65	YORKTOWN VA	55:02	17:43	
WOMEN: 14 AND UNDER							
1	49	ELISABETH R MARSHALL	14	CLEMMONS NC	23:08	7:27	
2	53	ANNA ROBINS	14	GLOUCESTER VA	23:20	7:31	
3	216	BETHANY HAMMOND	13	YORKTOWN VA	32:16	10:24	
4	218	JULIANA CRAINE	12	FORT LEE VA	32:18	10:24	
5	247	KELLI E MARSHALL	12	CLEMMONS NC	36:02	11:36	
6	264	TAYLOR GREEN	12	HAYES VA	38:09	12:17	
7	283	MAGGIE HAYES	11	YORKTOWN VA	43:20	13:57	
8	289	EMILY SMITH	10	YORKTOWN VA	43:56	14:09	
9	298	SONIA MOORE	10	YORKTOWN VA	46:20	14:55	
WOMEN: 15 - 19							
WOMEN: 20 - 24							
1	85	SAMANTHA N BRABANT	24	BARTOW FL	25:10	8:06	
2	103	LYNN M SCHRAYSHUEN	24	YORKTOWN VA	25:51	8:19	
3	120	STACEY LANCOUR	21	WILLIAMSBURG VA	26:29	8:32	
4	135	KATHERINE AHRENS	22	ONEONTA NY	27:11	8:45	
5	179	LAUREN NYS	23	HAYES VA	29:29	9:30	
6	182	EMILY M LOW	23	COLLEGEVILLE PA	29:36	9:32	
7	208	BRITTAINY MESTAS	22	ORANGE PARK FL	31:38	10:11	
8	211	HADLEY MCINTOSH	23	GLOUCESTER POINT V	31:57	10:17	
9	212	ASHLEY MARRO	21	WILLIAMSBURG VA	31:58	10:18	
10	219	KRISTEN L MELTON	23	WINCHESTER VA	32:18	10:24	*
11	241	ERIN BUCKNER	23	DAPHNE AL	35:29	11:26	

12	260 KATHLEEN CURRY	23 HAMPTON VA	37:39	12:07
13	285 MEAGHAN HASKELL	22 NEWPORT NEWS VA	43:30	14:00
14	303 HELENA KING	24 NEWPORT NEWS VA	48:39	15:40
WOMEN:	25 - 29			
1	104 LAUREN BOOHER	26 HAMPTON VA	25:51	8:20 *
2	111 MONICA SEWELL	25 O'FALLON IL	26:10	8:26
3	118 BEENA RAGOONATH	29 CHESAPEAKE VA	26:26	8:31
4	129 AMANDA J CAMPBELL	25 EAGLEVILLE PA	26:59	8:41
5	166 MELISSA SANFORD	28 GAITHERSBURG MD	28:48	9:17
6	169 SARA BONOVIATCH	25 MAIDENS VA	29:04	9:22
7	170 LACEY ROBERTS	29 MECHANICSVILLE VA	29:06	9:22
8	189 AMBER OVERTON	29 YORKTOWN VA	30:04	9:41 *
9	227 JANELLE E RYDER	28 WOODBRIDGE VA	33:27	10:46
10	228 AMANDA WHITE	25 VIRGINIA BEACH VA	33:28	10:47
11	232 KELLIE BOYETTE	29 HAMPTON VA	34:37	11:09
12	237 HAZEL EBALO	28 NEWPORT NEWS VA	35:13	11:20
13	269 AMY PARKER	29 CHESAPEAKE VA	39:17	12:39
14	280 ANGELA SPENCE	28 VA	42:20	13:38
15	294 SUSIE HAWS	28 WILLIAMSBURG VA	45:08	14:32
WOMEN:	30 - 34			
1	62 MILAGROS WALLEN	34 YORKTOWN VA	24:00	7:44
2	69 RACHEL SWIFT	32 HAMPTON VA	24:25	7:52 *
3	125 ELIA B REYNOLDS	33 YORKTOWN VA	26:48	8:38
4	126 JAIME COX	33 NEWPORT NEWS VA	26:49	8:38 *
5	131 LEANN SPLITTER	31 NORFOLK VA	27:03	8:43
6	160 KIMBERLY FLOYD	33 NEWPORT NEWS VA	28:31	9:11
7	161 LARA LEE THOMLINSON	32 NEWPORT NEWS VA	28:33	9:12
8	167 KRISTIN BRENDEL	33 WILLIAMSBURG VA	28:52	9:18
9	173 NINA STICKLES	32 HAMPTON VA	29:16	9:26 *
10	176 STEPHANIE DALEY	34 MOBILE AL	29:19	9:26
11	186 JENNIFER JEFFERSON	33 NEWPORT NEWS VA	29:59	9:39
12	195 REBECCA J KIPPER	33 DOWNEY CA	30:38	9:52
13	213 MARJORIE MOLLOY	30 HAMPTON VA	31:58	10:18
14	223 KARA SCHULTZ	34 NEWPORT NEWS VA	32:51	10:35
15	242 KERRI KING	34 HOYT KS	35:42	11:30
16	248 LEAH CRAINE	33 FORT LEE VA	36:17	11:41
17	249 LIBERTY APPELEGETT	30 NEWPORT NEWS VA	36:36	11:47
WOMEN:	35 - 39			
1	52 SUSAN HAGEL	38 NORFOLK VA	23:14	7:29 *
2	73 CRYSTAL DAVENPORT	36 YORKTOWN VA	24:37	7:56 *
3	112 JEANETTE L PRIMICH	35 WILLIAMSBURG VA	26:17	8:28
4	145 CHRISTINA LUTHER	36 NEWPORT NEWS VA	27:33	8:53
5	148 MARY H DENBY	35 ALEXANDRIA VA	27:51	8:58
6	172 KIMBERLY LOKEMAN	39 CHESAPEAKE VA	29:12	9:24
7	177 JUDY MARCELLO	38 WILLIAMSBURG VA	29:21	9:27
8	217 KATHY KOHEL	35 YORKTOWN VA	32:17	10:24
9	234 MICHELLE PRESS	35 TAMPA FL	34:42	11:10
10	251 JENNIFER CALLICUTT	37 GLOUCESTER VA	36:55	11:53
11	262 LARA LEWIS	38 NEWPORT NEWS VA	37:49	12:11
12	265 STEPHANIE LANNING	35 HAMPTON VA	38:13	12:18 *
13	287 BOBBIE SANDERS	35 HAMPTON VA	43:53	14:08
14	301 KAREN PRICE	39 CHESTER VA	47:57	15:26
15	302 SHERRY HENSLEY	39 DINWIDDIE VA	47:58	15:27
WOMEN:	40 - 44			
1	71 STEPHANIE M JONES	44 VIRGINIA BEACH VA	24:31	7:54 *
2	90 MICHELLE MILLER	43 YORKTOWN VA	25:21	8:10 *
3	137 LIZ BRADFORD	41 YORKTOWN VA	27:14	8:46 *

4	151	MUN CHRISTENSEN	44	YORKTOWN VA	27:59	9:01	*
5	159	KIMBERLY CAROSI	44	NEWPORT NEWS VA	28:29	9:11	*
6	185	CRYSTAL LASSITER	40	CARROLLTON TX	29:44	9:34	
7	191	JULIA SMITH	42	TAPPAHANNOCK VA	30:25	9:48	
8	233	STEPHANIE LUZZI	43	YORKTOWN VA	34:38	11:09	
9	245	JENNIFER HERNANDEZ	42	WILLIAMSBURG VA	35:55	11:34	
10	254	DESHERA LASSITER	42	FT WASHINGTON MD	37:16	12:00	
11	263	SHEILA M NASER	44	YORKTOWN VA	37:58	12:14	
12	267	BROOKE BARACK	40	CARROLLTON VA	38:23	12:22	
13	273	HEATHER SINGLETON	42	WILLIAMSBURG VA	40:31	13:03	
14	295	TEELA T FINCH	43	WILLIAMSBURG VA	45:13	14:33	
15	307	NIKKI FINLEY	42	VIRGINIA BEACH VA	54:59	17:42	
WOMEN: 45 - 49							
1	51	CHRISTINE SCHAFFNER	48	YORKTOWN VA	23:13	7:29	*
2	59	BECKY THOMPSON	46	HAMPTON VA	23:51	7:41	*
3	61	SHERI D MANN	49	YORKTOWN VA	23:59	7:44	*
4	100	BRENDA BARRERA	48	NORFOLK VA	25:49	8:19	
5	132	CAROL L MARLEY	46	TOANO VA	27:05	8:43	
6	142	MICHELLE LITTLE	47	YORKTOWN VA	27:28	8:51	
7	184	BELINDA RAMSEY	48	NEWPORT NEWS VA	29:42	9:34	
8	193	NANCY AYLER	47	NEWPORT NEWS VA	30:29	9:49	*
9	221	NANCY L KRAMER	47	YORKTOWN VA	32:22	10:26	
10	235	CHERYL JONES	45	GLEN BURNIE MD	35:04	11:17	
11	256	GLENDA LASSITER	47	JESSUP MD	37:18	12:01	
12	272	MARY HAYES	45	YORKTOWN VA	39:49	12:49	
13	277	VERONICA LAGESCHULTE	46	HAMPTON VA	41:57	13:30	
14	293	JAMIE BENSON	48	NEW MARTINSVILLE W	44:27	14:19	
WOMEN: 50 - 54							
1	115	MARTINA MILNE	54	YORKTOWN VA	26:25	8:30	
2	147	BECKY MCGEE	51	YORKTOWN VA	27:49	8:58	
3	153	CINDY SLOMINSKI	53	SEAFORD VA	28:10	9:04	*
4	156	MELANIE B LOW	51	COLLEGEVILLE PA	28:19	9:07	
5	188	ELLA SEWELL	54	O'FALLON IL	30:01	9:40	
6	209	SUSAN CARZOO	54	NEWPORT NEWS VA	31:38	10:11	
7	230	LINDA M ANAYA	52	YORKTOWN VA	34:02	10:58	
8	236	DEBORAH MIDDLEBROOK	53	WILLIAMSBURG VA	35:05	11:18	
9	258	BONNIE VARNEYLACHANCE	50	VIRGINIA BEACH VA	37:35	12:06	
10	281	MARY RAUCHFUSS	51	WILLIAMSBURG VA	42:40	13:44	
WOMEN: 55 - 59							
1	114	HELEN WORTHINGTON	57	BENA VA	26:21	8:29	*
2	226	KATHY GALLO	55	NEWPORT NEWS VA	33:26	10:46	*
3	261	NITA MCGUIRE	57	NEWPORT NEWS VA	37:42	12:08	*
4	275	REBECCA KERCADO	57	EATONTON GA	41:16	13:17	
5	304	MARY ANN CALVERT	56	VIRGINIA BEACH VA	49:39	15:59	*
6	305	NANCY SHACKLEFORD	59	WILLIAMSBURG VA	54:54	17:41	
7	306	BONNIE S VIPOND	56	HAMPTON VA	54:57	17:42	
WOMEN: 60 - 64							
1	194	BARBARA BIASI	63	YORKTOWN VA	30:32	9:50	*
2	225	ELAINE M CARDWELL	64	YORKTOWN VA	33:22	10:45	
3	279	PATRICIA CORK	64	CARROLLTON VA	42:16	13:37	*
WOMEN: 65 AND OVER							
1	139	ANN HIRN	65	PORTSMOUTH VA	27:21	8:49	*
2	244	ROBIN JORLETT	67	NEWPORT NEWS VA	35:45	11:31	*
3	296	MARGARET HALLEY	66	GRAFTON VA	46:14	14:53	*
4	297	NANCY BLOUNT	65	WILLIAMSBURG VA	46:14	14:53	*

COAST GUARD - MEN:

1	7	SAMUEL MATHES	23	YORKTOWN VA	19:06	6:09
2	18	CHRISTOPHER CRANDALL	26	ALLEN PARK MI	21:05	6:48
3	21	KYLE J GRAEBER	27	CHERRY HILL NJ	21:24	6:54
4	24	ROBERT GRAY	33	YORKTOWN VA	21:35	6:57
5	27	TIM HAWS	38	WILLIAMSBURG VA	21:50	7:02
6	28	MARK A PEARSON	44	SALUDA VA	21:51	7:02
7	32	MICHAEL J SHERVIN	23	YORKTOWN VA	22:14	7:10
8	33	GEOFF ALBE	25	CORAL SPRINGS FL	22:15	7:10
9	38	CHRISTOPHER ALLEN	35	YORKTOWN VA	22:30	7:15
10	42	ATHAN KRAMER	43	YORKTOWN VA	22:42	7:19
11	56	RICHARD NEMCHIK III	33	FT EUSTIS VA	23:28	7:34
12	64	ANTHONY F CONDURSO	22	LINCOLN PARK NJ	24:10	7:47
13	76	WILLIAM PATTERSON	30	NEWPORT NEWS VA	24:50	8:00
14	77	MICHAEL N GLADU	27	FLANDERS NY	24:52	8:01
15	86	ANDREW R SCHMITT	31	WILLIAMSBURG VA	25:12	8:07
16	97	JUSTIN T COOK	21	YORKTOWN VA	25:44	8:17
17	99	CHRISTOPHER RIVIERE	22	THIBODAUX LA	25:48	8:19
18	101	JOHN KOVACH	23	MERIDEN CT	25:50	8:19
19	102	WILLIAM MILNE	54	YORKTOWN VA	25:50	8:19
20	122	DEREK R SAUNDERS	24	YORKTOWN VA	26:33	8:33
21	128	LUIS ANDINO	43	WILLIAMSBURG VA	26:58	8:41
22	141	BRANDON E LUM	27	ELK GROVE CA	27:26	8:50
23	143	ADAM WILKIE	27	NEWPORT NEWS VA	27:29	8:51
24	162	TRAVIS SHEPPARD	37	WILLIAMSBURG VA	28:34	9:12
25	164	JOSHUA LEE	18	YORKTOWN VA	28:40	9:14
26	168	K C VEACH	20	YORKTOWN VA	28:58	9:20
27	178	JIM BRENDAL	31	WILLIAMSBURG VA	29:22	9:28
28	192	TRAVIS SANDERS	36	HAMPTON VA	30:28	9:49
29	198	CHRIS BARFIELD	27	KNIGHTDALE NC	31:05	10:01
30	202	CHRISTOPHER JAMES	43	WILLIAMSBURG VA	31:14	10:03
31	204	JOHN ROBERTS	41	MECHANICSVILLE VA	31:20	10:05
32	222	IAN FINLEY	40	VIRGINIA BEACH VA	32:44	10:33
33	250	CHRISTIAN APPELEGETT	34	NEWPORT NEWS VA	36:46	11:51
34	253	JOHN K LITTLE	53	YORKTOWN VA	37:03	11:56
35	282	ANGELA SPENCE	32	VA	42:46	13:46
36	284	DANIEL B SURLES	26	JACKSONVILLE FL	43:23	13:58
COAST GUARD - WOMEN:						
1	85	SAMANTHA N BRABANT	24	BARTOW FL	25:10	8:06
2	103	LYNN M SCHRAYSHUEN	24	YORKTOWN VA	25:51	8:19
3	135	KATHERINE AHRENS	22	ONEONTA NY	27:11	8:45
4	161	LARA LEE THOMLINSON	32	NEWPORT NEWS VA	28:33	9:12
5	176	STEPHANIE DALEY	34	MOBILE AL	29:19	9:26
6	208	BRITAINY MESTAS	22	ORANGE PARK FL	31:38	10:11
7	241	ERIN BUCKNER	23	DAPHNE AL	35:29	11:26
8	285	MEAGHAN HASKELL	22	NEWPORT NEWS VA	43:30	14:00
9	295	TEELA T FINCH	43	WILLIAMSBURG VA	45:13	14:33

\* denotes PTC member