

3rd ANNUAL T. S. GATES MEMORIAL 5K RUN
 Poquoson High School, Poquoson, VA
 Saturday, April 16, 2011 8:30 AM
 A PENINSULA TRACK CLUB EVENT

OVERALL MEN

1	1	BRANDON MACPHERSON	18	POQUOSON VA	19:55	6:25
2	2	JOHN PACHET	19	POQUOSON VA	20:11	6:30
3	3	JEFFREY WAKEFIELD	16	POQUOSON VA	20:22	6:34

OVERALL WOMEN

1	15	MEGHAN FOLEY	27	HAMPTON VA	22:24	7:13
2	24	RACHEL SWIFT	32	HAMPTON VA	23:57	7:43 *
3	30	MYTHILI RAO	27	ASTORIA NY	25:25	8:11

MEN: 14 AND UNDER

1	8	CLINT GAULT	11	POQUOSON VA	21:25	6:54
2	16	SCOTT PORTER	14	POQUOSON VA	22:27	7:14
3	25	EDWARD HELLMAN	14	POQUOSON VA	24:08	7:46
4	26	JASON VERMILLION	14	POQUOSON VA	24:45	7:58
5	28	DONOVAN DEVLIN	11	HAMPTON VA	25:21	8:10
6	35	BRIAN VERMILLION	11	POQUOSON VA	26:04	8:24
7	40	TYLER CLIFTON	14	POQUOSON VA	26:15	8:27
8	72	DAVID STEPHENS	10	HAMPTON VA	31:40	10:12
9	104	AARON STEPHENS	9	HAMPTON VA	36:12	11:40
10	113	JOEL HUBBARD	14	POQUOSON VA	38:50	12:30
11	123	JONATHAN HUBBARD	11	POQUOSON VA	43:46	14:06

MEN: 15 - 19

1	4	BROOKS CLIFTON	16	POQUOSON VA	20:36	6:38 *
2	95	ZACK WESTFALL	19	POQUOSON VA	35:02	11:17

MEN: 20 - 29

1	12	CRAIG PAXTON	22	POQUOSON VA	21:40	6:59
2	18	DAVID COLEMAN	24	POQUOSON VA	22:32	7:16
3	33	MICHAEL W BURNS	22	NEWPORT NEWS VA	25:34	8:14
4	34	STEVEN MIDLIK	27	NEWPORT NEWS VA	25:50	8:19
5	47	RODNEY S JONES	29	HAMPTON VA	27:11	8:45

MEN: 30 - 39

1	14	GEORGE ACKERMAN	39	POQUOSON VA	22:08	7:08
2	31	JUSTIN SMITH	37	NEWPORT NEWS VA	25:32	8:13 *
3	50	DANIEL BAMFORD	31	POQUOSON VA	28:12	9:05
4	51	KURT CHEWNING	30	YORKTOWN VA	28:16	9:06
5	52	SCOTT JENKINS	31	NEWPORT NEWS VA	28:24	9:09
6	90	ERIC STANISH	36	POQUOSON VA	33:59	10:57

MEN: 40 - 49

1	5	GEORGE FISCELLA	49	NEWPORT NEWS VA	20:46	6:41 *
2	7	JOE GARRITY	48	HAMPTON VA	21:11	6:50
3	10	JAMIE ABSTON	40	POQUOSON VA	21:33	6:57
4	11	THOMAS WHITMAN	45	YORKTOWN VA	21:37	6:58
5	13	REID STOCKDILL	44	YORKTOWN VA	21:57	7:04
6	17	NAT NICKERSON	48	POQUOSON VA	22:29	7:14
7	19	PETE BASTION	45	POQUOSON VA	22:41	7:18
8	21	KEVIN HARRISON	44	POQUOSON VA	23:31	7:34 *
9	22	BRIAN WAKEFIELD	42	GLEN ALLEN VA	23:46	7:39
10	23	STEVEN KEETER	47	NEWPORT NEWS VA	23:56	7:42 *
11	29	RICH CLIFTON	47	POQUOSON VA	25:23	8:10
12	36	LEE ABSTON	44	POQUOSON VA	26:06	8:24
13	43	DEAN LOWERY	49	POQUOSON VA	26:30	8:32

14	49	STEVE BUGOS	49	POQUOSON VA	27:18	8:48	*
15	61	JAMES WILSON II	42	SMITHFIELD VA	29:25	9:28	
16	65	BRIAN MASON	41	YORKTOWN VA	30:41	9:53	*
17	73	JONATHAN RANSOM	48	CHESAPEAKE VA	32:12	10:22	
18	94	MIKE AARON	43	HAYES VA	34:56	11:15	
19	103	MARK DI VINCENTO	48	NEWPORT NEWS VA	36:11	11:39	
MEN: 50 - 59							
1	6	DONNIE WYATT	57	HAMPTON VA	20:54	6:44	
2	9	KEVIN GIBBS	55	POQUOSON VA	21:29	6:55	*
3	20	DAVID MAYER	50	VIRGINIA BEACH VA	23:09	7:27	*
4	39	BENJAMIN R POTTS	55	NORFOLK VA	26:15	8:27	*
5	42	MICHAEL CANNY	50	HAMPTON VA	26:25	8:30	
6	44	LEE H FAIRCHILD	56	POQUOSON VA	26:45	8:37	*
7	45	KEITH OTTINGER	54	CARROLLTON VA	26:45	8:37	
8	55	DAVID MAXWELL	56	POQUOSON VA	28:59	9:20	
9	64	MARK WYANT	51	YORKTOWN VA	29:50	9:36	
10	84	TOMMY ALLEN	58	CARROLLTON VA	33:03	10:39	*
11	101	JOE BARTO	55	POQUOSON VA	35:50	11:32	
12	116	TED BLANEY	53	POQUOSON VA	39:47	12:49	
MEN: 60 AND OVER							
1	27	JIM CHRISTOL	63	YORKTOWN VA	24:49	8:00	*
2	41	ED J SHARP	71	FREDERICKSBURG VA	26:17	8:28	
3	63	DENIS PELLEY	65	WILLIAMSBURG VA	29:38	9:33	
4	69	PAUL O SHARP	70	NORTH VA	31:20	10:06	*
5	97	JAMES P SHARP	69	NORTH VA	35:20	11:23	
6	128	JOHN A CORK	66	CARROLLTON VA	44:36	14:22	*
WOMEN: 14 AND UNDER							
1	60	MELINA GHARBO	13	POQUOSON VA	29:22	9:28	
2	88	OLIVIA DI VINCENTO	11	NEWPORT NEWS VA	33:34	10:49	
WOMEN: 15 - 19							
1	48	APRIL ABSTON	17	POQUOSON VA	27:17	8:47	
2	62	KAITLIN YACHEM	15	YORKTOWN VA	29:33	9:31	
3	86	KATHY HELLMAN	16	POQUOSON VA	33:16	10:43	
WOMEN: 20 - 29							
1	32	KIM LEVENGOOD	26	WASHINGTON DC	25:33	8:14	
2	56	ASHTON KROKAN	24	HAMPTON VA	29:00	9:21	
3	57	CHRISTINE GILES	23	HAMPTON VA	29:01	9:21	
4	80	AHNDREA TROMBLEY	24	NEWPORT NEWS VA	32:54	10:36	
5	85	ALEX BLANEY	21	POQUOSON VA	33:08	10:40	
6	87	CRYSTAL PAGE	27	NEWPORT NEWS VA	33:22	10:45	
7	89	ERIKA CHACRA	29	HAMPTON VA	33:43	10:52	
8	92	KIMBERLY WHITE	27	HAMPTON VA	34:47	11:12	
9	99	MEGAN STOUGH	22	POQUOSON VA	35:31	11:26	
10	102	ASHLEY CLAUD	21	POQUOSON VA	35:53	11:33	
11	106	LAURA STEPHENS	29	HAMPTON VA	36:15	11:40	
12	120	CATRINA FEATHERSTON	26	HAMPTON VA	42:50	13:48	
13	121	JESSICA MARTIN	29	NEWPORT NEWS VA	43:08	13:53	
WOMEN: 30 - 39							
1	46	LORI HARPER	37	POQUOSON VA	26:52	8:39	
2	58	AIMEE SCHELL	34	NEWPORT NEWS VA	29:04	9:22	
3	59	MICHELLE STANISH	36	POQUOSON VA	29:11	9:24	
4	75	SHANNON WALDROUP	39	HAMPTON VA	32:21	10:25	
5	93	MELISSA PAULETTE	36	HAMPTON VA	34:52	11:14	
6	111	LAURA CHEWNING	30	YORKTOWN VA	37:32	12:05	
7	118	JENNIFER DEVLIN	30	HAMPTON VA	40:26	13:01	
8	119	HEATHER BAMFORD	32	POQUOSON VA	40:50	13:09	

9	125 MARIA SAFFORD	32 NEWPORT NEWS VA	44:00	14:10
WOMEN:	40 - 49			
1	37 ANGELA CLAUD	46 POQUOSON VA	26:10	8:26
2	38 KIMBERLY CAROSI	43 NEWPORT NEWS VA	26:13	8:27 *
3	53 TERESA LOWERY	48 POQUOSON VA	28:45	9:15
4	54 BELINDA RAMSEY	47 NEWPORT NEWS VA	28:47	9:16
5	66 MAUREEN THIBODEAU	42 POQUOSON VA	30:47	9:55
6	67 MICHELLE CALLOWAY	49 YORKTOWN VA	31:18	10:05
7	68 JANIE CORTINA	49 POQUOSON VA	31:18	10:05
8	71 SUZETTE PERSON	49 POQUOSON VA	31:27	10:08
9	74 RANDIE TRESTRAIL	48 POQUOSON VA	32:19	10:25
10	76 JOANNE KOEHLER	44 HAMPTON VA	32:24	10:26
11	77 KIM SCHLESINGER	41 YORKTOWN VA	32:25	10:26
12	78 KELLY FROMAL	47 HAYES VA	32:27	10:27
13	79 ANITA WISE	48 YORKTOWN VA	32:47	10:33
14	82 MONICA DIGGS	46 POQUOSON VA	32:58	10:37
15	83 GENEVIEVE BARNETT	48 YORKTOWN VA	33:01	10:38
16	96 SUSAN LUNDGREN	47 HAMPTON VA	35:12	11:20 *
17	100 DENISE FISH	42 POQUOSON VA	35:39	11:29
18	109 SHARON DRISCOLL	45 YORKTOWN VA	37:27	12:03
19	110 JOAN BENTON	49 NEWPORT NEWS VA	37:27	12:04
20	112 WENDI ACKERMAN	42 POQUOSON VA	37:33	12:05
21	115 TRACY YACHEM	46 YORKTOWN VA	39:03	12:34
22	117 SANDI POREWER	45 POQUOSON VA	39:50	12:50
23	124 KIMBERLY DARMANIE	41 NEWPORT NEWS VA	43:59	14:10
WOMEN:	50 - 59			
1	70 PATRICIA BARTO	54 POQUOSON VA	31:22	10:06
2	81 VICKI COLEMAN	55 POQUOSON VA	32:57	10:37
3	98 KATHY BLANEY	53 POQUOSON VA	35:21	11:23
4	122 NITA MCGUIRE	57 NEWPORT NEWS VA	43:10	13:54
WOMEN:	60 AND OVER			
1	105 ROBIN JORLETT	67 NEWPORT NEWS VA	36:14	11:40 *
2	108 JACKIE SCHLESINGER	62 NEWPORT NEWS VA	36:29	11:45
3	114 PATRICIA CORK	63 CARROLTON VA	38:59	12:33 *

* denotes PTC member